6th Annual
Souvenirs of Downtown Plein Air Paint-Out

Old Fort Pierce Park Vista by Lori McNamara
March was another great month of celebrating our historic downtown as MSFP kicked-off Spring with the annual Bev Smith Automotive Group’s Taste of the Sea & Sandy Shoes Seafood Festival. It was a fantastic event for everyone and brought thousands downtown to enjoy a full day of fun. Thanks to our many sponsors and volunteers who made this free public event possible!

In April we’ll welcome back a group of artists for our Plein Air Paint-Out. This event just keeps getting bigger and better. More artists, more original works depicting our great city, and more activities to get involved with! We welcome back Art Mundo whose members added another dimension to the Plein Air last year by offering demonstrations of a variety of art mediums throughout the three-day event.

Their involvement increased the number of attendees who explored our historic district throughout the day. We’re also busy at MSFP planning for our 25th Anniversary year which we’ll celebrate on May 3rd during a special member event at the monthly Friday Fest. We hope that all of our members, sponsors, donors and volunteers will be a part of this special recognition of the years of making a difference for the community. As we trace MSFP’s history and the significant contributions we have made in preserving the past, and enriching the future,’ we’re very proud of how we have impacted Fort Pierce.

Thank you all for the support you have given MSFP over the last 25 years. Every success on behalf of our city is shared with thousands of people who have contributed their time, energy, expertise, and passion for making Fort Pierce the best place to live, work, and play!
Meet Joe Miller — Wood Carver at Art Mundo

by Joe Miller

Welcome to the wonderful world of a woodcarver. My name is Joe Miller and I’ve taken up the art of woodcarving seriously for the last 12 years. It started as a pastime and evolved into a passion.

My history: I graduated from high school and went directly into the Air Force. I married, raised 2 daughters and a son, who was lost in an automobile accident in 1995. When I retired from the Long Island Railroad as a bridge and building inspector in 1999, I moved to Fort Pierce. I really feel that I have been blessed with this gift for woodcarving that has made my life more rewarding.

In 2005, I started sharing this ability with others in the local libraries. I found some people that really loved it and could not get enough from our library meetings, so we started the Indian River Woodcarvers Club with about a dozen people. We now have close to 100 members, both men and women, from 13 to 93 years old.

Our club members carve canes and walking sticks for the Purple Heart veterans. We have ceremonies several times a year to honor the veterans, presenting each one with a personalized walking stick and a certificate showing the service branch, rank, military medals received and places served.

I was fortunate to meet and befriend John Depp, who belongs to the same RV club I do. I carved an eagle walking stick for him and he asked if I would carve one with a skull for his son Johnny. He promised to deliver it to him personally. About eight months later, John presented me with a framed, signed photograph of Johnny holding the stick. Written on the photo was a note telling me the stick was put to good use in Pirates of the Caribbean IV. I was astonished that this busy actor would take the time to have the photo taken of himself with the walking stick and then write such a nice note to me.

The photo is hanging in my studio along with many of my carvings. I spend many hours there and am a proud member of Art Mundo. I instruct classes during the week and on Saturdays. I welcome people to stop in and have a cup of coffee or a bottle of water and just talk about carving. Everyone is welcome. In addition to offering private and group instruction, I have carving tools and supplies for sale. I’m looking forward to meeting old and new friends at Art Mundo.
It’s time to dust off your camera and open up those image files on your computer. The Backus Museum of Art’s Annual Juried Photography Contest is just around the corner. The dates for the exhibition are Thursday, May 16, through Friday, July 12. Sponsored by Jiffy Photo & Frame and Canon, the competition showcases the finest photographic images from both amateur and professional photographers. The entry fee is only $25 per piece entered. Photographers are free to enter as many pieces as they wish. Entries are accepted Wednesday to Saturday 10 a.m. to 5 p.m., and Sundays from Noon to 3 p.m. between May 1 and May 11. All entries must be in the Museum by no later than 3 p.m. on Saturday, May 11, 2013.

Categories to enter include:
- Digital – Color Flora & Fauna
- Digital – Color Landscape & Other Elements
- Digital – Color Still Life & Portraits
- Digital – Black & White Any Subject
- Manipulated Imagery – Digital & Film
- Traditional Raw Photography – Any Subject

More details about the categories, rules and information as well as the complete application are available online at www.backusmuseum.com. Hours of operation: Wednesday – Saturday, 10 a.m. to 3 p.m., and Sundays from Noon to 3 p.m. will allow participants to explore downtown shops and restaurants. Those interested in attending should contact Jiffy Photo & Frame at 772-461-0872 or visit their website www.e-photorotics.com to register for this rare opportunity.

More information about the workshop can also be found at Canon’s website at http://www.usa.canon.com/discoveryday.

The A.E. Backus Museum is located at 500 N. Indian River Drive, Downtown Ft. Pierce, 772-465-0630, e-mail info@backusmuseum.com. Hours of operation: Wednesday – Saturday, 10 a.m. to 4 p.m., Sunday noon to 4 p.m., closed on Monday and Tuesday.

Anita Prentice Creates Mosaic for Main Street Fort Pierce

If you drive through Fort Pierce you will see the works of Anita Prentice. Anita is a local resident of Fort Pierce and a renowned mosaic artist. Her mosaic benches, Beanie’s Bathtub, the Intermodal Transit Station, and Chuck’s Seafood building are just a few reminders of Anita’s works along the Treasure Coast.

From an early age, Anita displayed an artist’s demeanor, saturating her earlier and college years with visual and performing arts. She attended Pima College in Tucson and Columbia College in Chicago. After college, Anita traveled the world as a chef on various shipping vessels. Her travels to other places allowed her to explore the many dimensions of art and architecture.

Anita’s art, like her life, is an eclectic collection of mediums and subject matter. Her creations encompass exotic to traditional to prepositional. Her work incorporates fresco mosaics, utilizing stained glass. These monumental pieces give the viewer the impression that Anita truly is creating the antiquities of tomorrow.

Anita has received many achievements in St. Lucie County. She received Best in Show at the Backus Museum Four County Juried Show. She has the honor of revitalizing Highwaymen Alfred Hair and Livingston Castro Roberts memorials with a mosaic version of one of their paintings. She has served on the St. Lucie County Cultural Affairs Council for eight years, chairing for two years and is acting Chair of Art in Public Places.

Anita created a royal Poinciana tree painting on the side of the new Intermodal Transit Station on Avenue D. This body of work was done in conjunction with local artist, Pat Cochrane, who created plaques with Highwaymen names to surround Anita’s mosaic. Anita was invited to exhibit “A Bird in the Hand,” a collaborative sculpture with Ginny Piech Street, in the Without Walls 2 outdoor sculpture show presented by St. Lucie County and Art in Public Places.

Anita is involved with the GAGA Girls, a joint business venture with fellow artist, Ginny Piech Street. The GAGA Girls have worked together for over 10 years, holding exhibits together like the “Reflection of the Future” art show held at the Platts/Backus House. Their venues are varied, from a Blues show at the vintage Grey Hound Bus Station in Clarksdale, Mississippi to salon shows hosted by friends in their private residences. They embrace going green through their use of recycled materials and frames for their art and by demonstrating that art can be fun and attainable for everyone.

Other significant works of Anita Prentice are the Zora Neale Hurston Portrait series, installation works at Altimira Condominiums on the Atlantic Ocean, and historic Imokoke’s 1920s above ground pool. In February Anita hosted “Home is Where the Art is,” a unique fundraiser for Art Mundo, that invites patrons into the homes of art collectors.

Anita believes it is important to give back to the community you live in. She has generously donated numerous works of art, mosaic classes to children and her expertise to many nonprofit organizations. Art Mundo, Main Street Fort Pierce, the Sunrise Theatre, the Backus Museum and Heathcote Botanical Gardens are a few of the lucky organizations that Anita supports.

Main Street Fort Pierce is currently in the process of completing the courtyard at the Platts/Backus House. Anita is creating the Main Street logo out of mosaic tiles to be installed in the entryway of the house. The mosaic will be the final touch to the six-year renovation project. The logo will be unveiled at the Souvenirs of Downtown Pleas Air Paint-Out art reception at 6:00 pm on Thursday, April 18. The public is welcome to attend the unveiling of the mosaic, to join us for the reception and to see the beautiful courtyard. The reception is from 5:00 pm to 8:00 pm at the Platts/Backus House, 122 A.E. Backus Avenue in Fort Pierce.

Currently Anita is working on eight commissioned mosaic benches for South Jetty Park, as well as the Main Street mosaic. Anita is an asset to our community and we are so happy that she lives and works among us. Anita says, “Like Diego, Pablo and Salvador, I fully intend to paint the town.” For those of us who live in Fort Pierce, we hope she does.
Art Mundo Art Demos at Platts/Backus House

by Holly Theuns

Art Mundo is excited to partner with Main Street Fort Pierce to host art demonstrations in conjunction with their Plein Air event. Plan on coming by the Platts/Backus House sometime Wednesday, Thursday or Friday afternoon, April 17th to 19th and check out the art demonstrations.

We will be demonstrating a variety of artistic techniques — from oil painting to Gyotaku (printing with fish); wood working from scroll saw to wood turning; a jeweler will demonstrate jewelry-making techniques; a master beader will show you bead weaving and there will be a pastels demo, an abstract art demo, a painted paper collage demo and a chance to silk screen a tee shirt. Something for everyone.

Many of the artists doing the demos also teach classes at Art Mundo, so if something you see intrigues you, check the website, www.artmundo.org, for information on signing up for a class. I love to take classes because I always meet new people and increase my art techniques knowledge.

Coming by the demos will let you see the completed Plein Air artists’ work hanging in the Platts/Backus House. Come back at 5:00 p.m. on Thursday and Friday and there will be a reception where you can meet the Plein Air artists.


### SCHEDULE

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<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Artist</th>
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<tr>
<td>Wednesday, April 17</td>
<td>12 Noon to 12:45 p.m.</td>
<td>Jewelry Demo</td>
<td>Saskia Fuller</td>
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<tr>
<td>Thursday, April 18</td>
<td>1 p.m. to 1:45 p.m.</td>
<td>Painted Paper Collage</td>
<td>Ginny Piech Street</td>
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<td>Friday, April 19</td>
<td>2 p.m. to 2:45 p.m.</td>
<td>Bead Around a Cabochon</td>
<td>Jenny Shibona</td>
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<td>3 p.m. to 3:45 p.m.</td>
<td>Oil Paint</td>
<td>Georgina (George)</td>
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<td>Wood Turning</td>
<td>Jack Shelton</td>
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<td>Silk Screen</td>
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<td>Abstract Paint</td>
<td>Doug Macon</td>
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Art Mundo is a center for creative expression located at 111 Orange Avenue in Historic Downtown Fort Pierce. The Center is open Monday through Friday from 1 p.m. to 5 p.m. and Saturday from 10 a.m. to 1 p.m. Please visit our website www.artmundo.org to find out about upcoming shows, calls to artists, classes and special events. Our phone number is 772-766-0021.

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Whimsy Fort Pierce
521 North Second Street • Located 2 blocks South of Seaway Drive in Historic Downtown Fort Pierce • Mon – Sat 11 a.m. to 6 p.m
772-882-4397 • www.whimsyclothing.com

Art Mundo Art Demos at Main Street 2013 Plein Air Event

Whimsy • Lightweight • Colorful • Affordable • Whimsical • Funky • Fun • Unique

April showers bring spring fashion! Present this ad for 20% off any one clothing item (Excludes sale items — cannot be combined with other discounts — expires 4/30/13)

The Unique Chic Boutique That Everyone Can Afford!
Arts-N-Tiques was born.
Arts-N-Tiques opened on March 2, 2013 and is an approval-based consignment shop for arts and antiques. The shop features local artists, vintage artwork and antiques. The shop has a variety of antique furniture, coke memorabilia, curios, lamps, art, and a couple of really neat rare antique dental cabinets. Lisa Stubley is the manager/owner of the shop: “We feel that Arts-n-Tiques has a mixture of items that will appeal to a wide variety of interests. We will be expanding a section of the store for an eclectic artist & shabby chic corner.”

On April 6, Arts-N-Tiques will hold a Highwaymen exhibit that will take place from 10 a.m. to 4 p.m. The exhibit will feature the works of local Highwaymen artists. Arts-N-Tiques will also participate in the local Treasures in the Town which takes place in front of Arts-N-Tiques on the 4th Saturday of each month. Next Treasures in the Town is Saturday, April 27th.

Arts-N-Tiques is open Monday through Saturday from 10 a.m. to 5 p.m.; summer hours are Tuesday through Saturday from 10 a.m. to 4 p.m. They are located at 218 N. 2nd Street in Fort Pierce. If you are interested in putting merchandise on consignment at Arts-N-Tiques, you will need to call and make an appointment at 772-370-1114. All sales are done on a commission basis and no booth space is available.

Congratulations!
Main Street Fort Pierce Volunteer Gary Gillette receives 30-year service award from Bill Thiess, Director of FPUA at Safety Luncheon at FPUA on Wednesday, March 13.

Charles and Lisa Stubley are the owners of Homelife Treasure Coast Realty and Real Estate Analysis, Inc. Charles and Lisa have been in the real estate and appraisal business serving the tri-county area for the past 25 years. They specialize in providing qualified agents that are able to give fair and marketable opinions to their clients to produce higher buying or selling results. These results come from their extensive real estate and appraisal experience.

Charles and Lisa are local Fort Pierce residents, living and working in the Edgartown community. They recently moved their real estate office to 218 N. 2nd Street, in Historic Downtown Fort Pierce. The new location provided Charles and Lisa with more area then they needed for the real estate business. Going back and forth with the idea of renting out the space they decided to take the extra room into their own hands and Arts-n-Tiques was born.

“Arts-N-Tiques” is the manager/owner of the shop: “We feel that Arts-n-Tiques has a mixture of items that will appeal to a wide variety of interests. We will be expanding a section of the store for an eclectic artist & shabby chic corner.”

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City of Fort Pierce Honored by Keep America Beautiful for High Performance Achieved in 2012

The City of Fort Pierce has been recognized as being among the “Best of the Best” nationwide. At the Keep America Beautiful 60th Anniversary National Conference, the City of Fort Pierce received the highly prestigious Keep America Beautiful President’s Circle Award. The President’s Circle Award recognizes exemplary performance made by certified affiliates of the national nonprofit in building and sustaining vibrant communities.

In qualifying for a President’s Circle Award, the City of Fort Pierce has met Keep America Beautiful standards of excellence by conducting an annual Community Appearance Index, calculating the affiliate’s cost/benefit ratio, and administering activities in the areas of litter prevention, recycling and waste reduction, and beautification and community greening.

With a strong national network of 1,200 affiliates and partners including state recycling organizations, Keep America Beautiful works with millions of volunteers who take action in their communities. Keep America Beautiful offers programs and engages in public/private partnerships that help create clean, beautiful public places, reduce waste and increase recycling while educating generations of environmental stewards. Keep America Beautiful programs are helping to create communities that are socially connected, environmentally healthy and economically sound.

Mayor’s Message: How One Adventurous Visitor Sees Fort Pierce

Captain Thomas Lee left Ontana- gog, Michigan, on Lake Superior in the Upper Peninsula on August 1st aboard his sailboat, Windsong II, and arrived October 15, 2012, at his carefully-researched, pre-determined destination: Fort Pierce, Florida. Captain Lee chose Fort Pierce and flew down in advance to make sure that his research checked out.

Captain Lee began to explore Fort Pierce his first day at K-Dock at the City Marina and made his first stop the Downtown Fort Pierce library to stock up on reading materials. On the days that followed, Lee attended Friday Fest, the Saturday Farmers’ Market, and got to know fellow “liveaboards” at the city marina, as well as the marina staff. He attended Bike Night and visited the Backus Museum. He went through preparations for Hurricane Sandy and learned about marina restoration, watching this project first-hand.

Captain Lee has written a book about his 76-day journey and living aboard Windsong II at the Fort Pierce City Marina. His travel log reveals to the Fort Pierce resident the view of Fort Pierce from an outsider. He delights in many aspects of our city that we take for granted. He has found the living here to be interesting and easy.

When he returns next winter, Captain Lee hopes to entice his identical twin brother, Eugene Lee, affiliated with television’s Saturday Night Live and an Emmy-award winning set designer, to visit Fort Pierce soon. He thinks Eugene will be as delighted with Fort Pierce as he is.

Sometimes it takes someone from the outside to show us the value of our surroundings. Thank you, Captain Thomas Lee, for choosing Fort Pierce as your winter port. Readers who want to see Fort Pierce through Captain Lee’s eyes can log on to http://www.fortpiercecitymari-nalorida.com. Read all about the voyage to Fort Pierce and his days and nights at K-Dock aboard Windsong II.
eastern shores. A flotilla led by Juan Ponce de León departed Plymouth (1620), it was the Spanish who sailed along our shores before the Pilgrims landed in 1607, founed Jamestown. European colonization unfolded. Before the English arrived of de León’s arrival when on April 3, 1513, a new era began. In 2013 Florida will mark 500 years of history — and the place where the world’s cultures began to unite and transform into the great nation we know today as the United States of America. Viva Florida 500 will take place year-round in 2013 and its many partners are planning more than 150 events statewide. The goal is to promote 500 years of Florida’s history, its people, places and cultural achievements and this important milestone in American and Florida history. Learn more by visiting www.vivaflorida.org to locate your nearest event.

Viva Florida 500 is a statewide initiative led by the Florida Department of State (FDOS), under the leadership of Governor Rick Scott, to highlight the 500th anniversary in 2013 of the arrival of Juan Ponce de León to La Florida in 1513. While Florida’s history dates back more than 12,000 years with the American Indians, Spain’s claim in 1513 began a new era. In 2013 Florida will mark 500 years of history and diverse cultural heritage — a claim no other state can make — and the place where the world’s cultures began to unite and transform into the great nation we know today as the United States of America. Viva Florida 500 will take place year-round in 2013 and its many partners are planning more than 150 events statewide. The goal is to promote 500 years of Florida’s history, its people, places and cultural achievements and this important milestone in American and Florida history. Learn more by visiting www.vivaflorida.org.

Boomers growing up in the '60s learned from Professor Peabody, the canine host of Fractured Fairy Tales, that Juan Ponce de León came to America in search of the Fountain of Youth. And just like those cartoon history lessons, the myth of the elusive fountain is fodder for the funny papers. The truth is, according to state historians, there was no fountain to make one youthful and de León was more likely searching for gold in the New World. His exact landing is disputed, with St. Augustine being a prime candidate. But there is a good chance that those first European explorers set foot somewhere on the Treasure Coast.

All of that aside, this month marks the Quincentennial of de León’s arrival when on April 3, 1513, a new era in European colonization unfolded. Before the English founded Jamestown (1607), before the Pilgrims landed in Plymouth (1620), it was the Spanish who sailed along our eastern shores. A flotilla led by Juan Ponce de León departed from what is now Puerto Rico, shortly before Easter, 1513. From this gateway to discovery, de León led his fleet past the Lucayos (Bahamas) crossing open water for the next week. Finally, on April 3, 1513 (some sources cite April 2) de León views what he believes to be an island. Being the Easter season when Spaniards celebrated the Festival of Flowers (Pascua Florida), he named the land La Florida — land of flowers — for its lush landscape.

Statewide, Viva Florida 500 events are being held throughout 2013. The commemoration is promoted by the Florida Secretary of State, Florida Historical Society, Florida Park Service, Visit Florida, and other organizations to raise awareness of our rich history and drive tourism to the state. Go to www.vivaflorida.org. You will find daily tidbits and Tuesday trivia contests on Facebook: www.facebook.com/VivaFlorida500. Locally, there have been several activities scheduled for the public’s enjoyment. The St. Lucie Regional History Center, 414 Seaway Drive, is currently showing “Ponce de León at 500 Years,” a timeline exhibition of events that would have been seen by Juan Ponce de León upon his arrival. Details of this open call to artists can be found at www.flor500.org.

For more information about the Viva Florida 500 initiative visit www.vivaflorida.org.

About Viva Florida 500: Viva Florida 500 is a statewide initiative led by the Florida Department of State (FDOS), under the leadership of Governor Rick Scott, to highlight the 500th anniversary in 2013 of the arrival of Juan Ponce de León to La Florida in 1513. While Florida’s history dates back more than 12,000 years with the American Indians, Spain’s claim in 1513 began a new era. In 2013 Florida will mark 500 years of history and diverse cultural heritage — a claim no other state can make — and the place where the world’s cultures began to unite and transform into the great nation we know today as the United States of America. Viva Florida 500 will take place year-round in 2013 and its many partners are planning more than 150 events statewide. The goal is to promote 500 years of Florida’s history, its people, places and cultural achievements and this important milestone in American and Florida history. Learn more by visiting www.vivaflorida.org.
Spring is in the air and beauty abounds in our wonderful city. Main Street Fort Pierce is proud to present the 6th Annual Souvenirs of Downtown — Plein Air Paint-Out. On April 17th, 18th and 19th, a diverse group of artists will converge on historic downtown Fort Pierce and surrounding areas to capture the treasures hidden right before our eyes. Oils, pastels, acrylic, watercolors and more will be the medium of choice for these noteworthy Plein Air artists. Join us to celebrate the amazing tropical paradise we live in.

A true plein air painting is done on location, capturing the atmosphere of the moment. The majority of the painting must be completed on site with little to no work to be done in the studio. Most artists agree this is the true test of skill as it requires complete confidence in placement of color and brushwork in a short amount of time.

The 6th Annual Souvenirs of Downtown — Plein Air Paint-Out showcases the following artists: Kirsten Andreasen, Colleen Nash Becht, Adriana Bitter, Carol Boye, Judy Burgarella, Charles Dickinson, Sue Dinenno, Ellen E. Fischer, Duane Hatfield, Dorothy Hudson, Richard Kelly, Lori McNamara, Harry McVay, Diane Mesagno, Dawn K. Mill, Dawn E. Miller, Camille Ogden, Sally Browning Pearson, Robin Popp, Lee G. Smith, Barbara May Smythers, Christine Thomas, Robin Popp, Marlene Putnam, Lee G. Smith, Barbara May Smythers, Christine Thomas, and Emily Reeves Tremml.

Our cover “featured” artist this year is Lori Ullmann McNamara. She was born in Fort Pierce and lives on the Indian River. Lori is the leader of Plein Air Painters of the Treasure Coast, a member of Plein Air Florida and the Daily Painters Art Gallery on line and is the assistant administrator of the South Plein Air Painters Blog. She enjoys painting outside and loves Florida’s great natural beauty.

The public is encouraged to watch the artists paint and interact with them about their artwork. Stop by the Platts/Backus House to pick up a “Collector’s Edition” artist booklet and to check the map to see where your favorite artist is painting. While at the Platts/Backus House join us for a series of art demonstrations provided by artists from Art Mundo. Schedules for these special demonstrations are listed in the Art Mundo article in this month’s Focus magazine.

Please plan to visit Main Street Fort Pierce at the Platts/Backus House located at 122 A.E. Backus Avenue (corner of 2nd Street and A.E. Backus Avenue) in historic downtown Fort Pierce. All the paintings by these well known Florida artists will be on display immediately upon completion. If you love the artwork you watched an artist produce, you will have the opportunity to purchase that piece of art. A portion of the proceeds from the sale of every piece painted during the paint out will go to the preservation of the 118-year-old Platts/Backus House. So not only are you getting a piece of history created before your eyes, but you will be saving an historic building, a wonderful piece of history.
Waste Management Transfer Station Groundbreaking

The City of Fort Pierce welcomes Waste Management, Inc. to Fort Pierce. The City of Fort Pierce is very excited for their partnership with Waste Management and the opportunities they will present to our city. Deputies Nick Mimms said, “This public/private partnership is nothing but positive for our community.”

Waste Management’s 45,000 employees are committed to environmental performance and they serve over 20 million residential, industrial, municipal, and commercial customers nationwide. They are North America’s largest recycler and will help Fort Pierce in our single stream recycling efforts.

Nicholas Mimms, Deputy City Manager with the City of Fort Pierce states, “We have received several suggestions from residents asking us to gauge the interest in promoting community gardens within the City. This is the first step in the process, which I hope will result in community gardens being available in several of our neighborhoods. Using this survey, we hope to hear from local people who are genuinely interested in obtaining a plot of land and participating in a community garden project, either for themselves, for their organization, school, or community group.”

“Community gardens offer a wide range of benefits, so I won’t be surprised if we are inundated with positive interest in the project,” states Mimms. Not only are community gardens an obvious source of fresh fruits and vegetables, they also provide an opportunity to learn new skills, meet new people, reduce stress, improve well-being, are a good form of exercise, are a chance for children to learn where food comes from, and generally provide a great opportunity to spend time outside enjoying nature.

To complete an online community survey, please visit the City’s website link at http://www.surveymonkey.com/s/MBKZFSQ. Surveys are available in the City Manager’s Office at City Hall or by contacting Brittany Athey Bathey at city-ftpierce.com.
Kids’ Crossing Playground in Fort Pierce Will Be Rebuilt!

Several months ago, officials from the City of Fort Pierce contacted Bruce Abernethy, a local attorney whose office is in downtown, in regard to the Kids’ Crossing Playground. Bruce was one of the General Coordinators of the 1993 project to build the playground, which is located near the intersection of Virginia Avenue and 23rd Street, and is property owned by the City of Fort Pierce.

Officials informed Bruce that the structure needed to be replaced due to safety concerns from two decades of use or torn down permanently. Knowing the need for a community gathering and play area, Bruce reached out to Joey Trefelner, who has agreed to volunteer as the 2013 General Coordinator. Joey developed a Steering Committee of talented individuals drawing from the original group of volunteers and reaching out to new families. Experienced 1993 volunteers Doug Davis, Allen Osteen, Monique Bruhn, Bud Holmes, Tom Petrona, Melinda Gonano, and Bruce Abernethy have joined with Erik Melville, Sarah Pride, Stephen Neill, Jennifer Trefelner, Mark Greene, Natasha Santoro, and Holly Theuns to create the 2013 Steering Committee.

Professional playground design company, Leathers & Associates is guiding the group to assist in the massive community project of raising $200,000, coordinating hundreds of volunteers, and building the structure on the 20-year anniversary of the original playground. The first step in this endeavor was “Design Day” which was held on November 8th. During this morning, area children enthusiastically proclaimed the details that they wanted to on the playground, just as the children did in 1993 with the same enthusiasm.

To contact committee members in charge of scheduling volunteers, obtaining tools and materials, fundraising, artistic ventures, or to share ideas of how to incorporate features for those with special needs, please visit www.KidsCrossingPlayground.com or the groups facebook page.

Naming opportunities are also available for numerous sections of the playground and donors who contribute will have their names memorialized on a plaque at the playground site. Donation levels are also available for those who would like to make a gift of $100 to $1,000, or any amount that you choose.

A popular element of the playground is the pickets that surround the property. The pickets were sold to community members in 1993, and the feature the names of those who purchased them. This option will be available once again for $35, with the picket having up to 20 letters or numbers professionally inscribed. For those who currently have a picket from 1993 on the playground site, the steering committee plans to save them and return them to the original owner if they are interested.

Every dollar donated helps to support the playground, as all of the work is performed by our community on a volunteer basis. Donations can be made online, or by mailing a check payable to “Kids Crossing, Inc.” to 130 South Indian River Drive, Suite #203, Fort Pierce 34950.

Kids’ Crossing Playground is a 501c(3) organization and contributions are tax-deductible.

The original playground was slated to be raised in the September 2013, with the rebuild occurring shortly thereafter. The committee looks forward to working with the hundreds of volunteers, donors, children, and families in the area, who have already expressed interest to make this dream become a reality. The playground will be a special gathering places everyone to enjoy for several decades, and a positive experience for all those involved, just as it was when originally built in 1993.

To contact committee members in charge of scheduling volunteers, obtaining tools and materials, fundraising, artistic ventures, or to share ideas of how to incorporate features for those with special needs, please visit www.KidsCrossingPlayground.com or the groups facebook page.

SkinSations Joins Studio 207

by Pam Gillette

Located along the railroad tracks on Depot Drive in Historic downtown Fort Pierce is a quaint upscale salon and spa called Studio 207. The salon provides a combination of services, along with handmade gift items, jewelry, handbags, organic soaps and lotions; along with a full line of Redken hair and Pureology Colour Care products. Andi Laroosde, owner, and coworker Glynna Godbout have been pampering clients in downtown Fort Pierce for years and in February 2013 the girls were happy to announce the return of Sharon Scalone to Studio 207.

Sharon Scalone is a licensed medical esthetician with over 10 years of experience and is the owner of SkinSations. SkinSations is the only skin care clinic in the area to offer the latest innovative technology treatments and Sharon is there to help educate you to look healthier and more vibrant.

Sharon Scalone graduated from Hudson Valley School of Advanced Aesthetics in New York. After graduation, Sharon went on to teach new and upcoming skin care professionals. Sharon later joined forces with Dr. Ran Rabinstein, a Board Certified Facial Plastic Surgeon and together they built the Skin Care & Cosmetic Surgery Center of New York Medispa.

Sharon moved to Florida in 2008 and has brought her expertise in aesthetic procedures with her. SkinSations offers Micro-PhotoTherapy for anti-aging, ClearTouch Lite Phototherapy for acne, Skin Classic High Frequency Technology for the rapid treatment of minor skin irregularities and teeth whitening using a patented Cool Blue LED Mouthpiece technology. Sharon also offers microdermabrasions, all levels of chemical peels including Jessners and TCA, ultrasonic skin care treatments and waxing services.

Sharon has done extensive research on many different product lines and their ingredients. After her research, Sharon has chosen to use Paula’s Choice products for their state of the art formulations based on documented research. The products contain high levels of proven beneficial ingredients such as antioxidants, full spectrum sunscreens and unique PH correct exfoliants. They are 100% fragrance-free with no artificial coloring agents or irritating ingredients and the products are packaged environmentally conscious and cruelty free. Paula’s Choice products do not test on animals and are extremely affordable.

SkinSations is located at Studio 207 at 106 S. Depot Drive in Fort Pierce. All services are done by appointment only. You can call Studio 207 at 772-468-3005 or SkinSations Sharon Scalone at 845-797-4183 for your appointment. Special packages and gift certificates are available. With so many state of the art services and treatments done at Studio 207 Salon & Spa and SkinSations why would you want to go anywhere else?

Call to today to make your appointment to achieve vibrant, healthy skin with the latest cutting edge technology.
Time for a Liver Cleanse, Anyone?

by Joanne Augusto, Owner, Nutrition World

I absolutely love the idea of spring cleaning, especially in Florida. You can open your windows, start cleaning drawers and closets. It is such a great feeling to have your environment clean and organized. Unfortunately we forget about cleaning our bodies. Just imagine if we forgot to put our kitchen garbage out for weeks, maybe even months. Yuk!

Our livers take so much abuse from us and our environment. We depend on it for millions of bodily functions. It is our main filter working with the whole body to keep us clean and functioning. We hear on so many pharmaceutical commercials that this or that may affect the liver — well everything affects the liver. Even emotions!

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Here is a 10-day cleanse that you should do once a season. When to keep it clean and healthy but if that seems overwhelming try to consume a minimum of ten glasses of water a day.)

- Eat a vegetarian diet. Avoid everything that is white — sugar, flour and dairy. (If you must consume flesh please make it wild/grass fed. The antibiotics that are used in livestock are too much for our livers.)
- Do twenty minutes of stretching and breathing. Vinyasa style yoga would be perfect.
- Avoid stressful situations (remember to breathe).
- Do not take any synthetic supplements or medicines unless prescribed.
- Do not eat for three hours before bed. Please avoid bad news on social media outlets. Unplug for at least thirty minutes a day. Sleeping time doesn’t count!
- End the day with another cup of hot water and lemon. (I try to consume a minimum of ten glasses of water a day.)

Nutrition World is located at 200 N. 2nd Street in Fort Pierce, 772-464-3598.

Simple Tips for Getting Your Body Looking Good for Summer

by Angel Lugo, Anytime Fitness Manager and Personal Trainer

Summer is coming and it is usually the time we start thinking about our bodies and bathing suits. Of course, if you are just starting to think about getting your body ready and summer is only a few months away, don’t worry, there are things you can do to help you tone up for the summer.

So, are you ready to show off your summer body? If you’re like most people, you want to shed a few pounds, eliminate some body fat, and feel good in your bathing suit. Here are some simple tips to help you get ready.

Take the stairs. Instead of taking the elevator, you can burn calories by taking the stairs up and down whenever you have the chance. You will burn a lot of calories just by bypassing the elevator. Give it a try.

Pack your lunch. Instead of going out to lunch, pack a lunch and you will have more control over how many calories you consume. Try to eat a well balanced lunch with plenty of fruits, lean protein and vegetables.

Eat five meals a day. That’s right, but not five big meals a day. Try to eat five small well balanced meals. Digestion burns calories you burn for up to 24 hours after the exercise session has been completed. It also increases muscle mass which helps reduce body fat and tighten up those spots you have been trying to firm up. So don’t be afraid of the weights. By following these simple steps, you will burn calories, tone up and get that summer body.

Anytime Fitness is located at 111 Orange Ave. in Fort Pierce; phone 772-461-2548.
"Thanks!" to the sponsors, volunteers and community for coming to Bev Smith Automotive Group's Taste of the Sea & Sandy Shoes Seafood Festival!
Waste Management was the sponsor of this year’s Bev Smith Automotive Group’s “Taste of the Sea” and Sandy Shoes Seafood Festival Citrus Squeeze Off. The Citrus Squeeze Off is a tradition dating back to the beginning of Sandy Shoes Festivals. It is an exciting competition, and due to our citrus industry, brings some St. Lucie County history to the festival.

Pat Alley was on hand to emcee the competition as local businesses, schools, and community leaders squeeze grapefruits for the top prize – “Community Bragging Rights.” Team FPUA – Estela Holman, Kyle Holman, & Gary Gillette – won this year’s event for the 5th year in a row.

The Iron Chef Competition was sponsored by Seacoast National Bank. 2013 Iron Chef Winner was Lawnwood Regional Medical Center for the second year in a row. Product for the event was donated by Pelican Seafood and Nelson’s Family Farms.
**Tomato Bisque**

Anita Prentice made this bisque for "Home is Where the Art Is", an ArtMundo fundraiser. It will warm your soul on a cold evening and excite your taste buds in the summer months. A good "all seasons" fill-you-up.

1 tablespoon butter
3 fresh garlic, minced
1 onion, diced
2 28 ounce cans of whole stewed tomatoes
2 14 ounce cans of fire roasted tomatoe
1 28 ounce can tomato sauce
Cooking sherry to taste
½ cup fresh basil, chopped
Sea salt and pepper to taste
½ cup light cream cheese
(Anita used the spiced cream cheese in a tub)
Fresh Parmesan cheese, grated
Homemade croutons

In a Dutch oven sauté the garlic and onion in olive oil and butter until the onions are transparent. Add the stewed and fire-roasted tomatoes and tomato sauce to the onion/garlic mixture. Cook over medium for 10 minutes. Add sherry to taste and cook 10 minutes. Remove from heat and cool. Add fresh basil, parsley, salt and pepper. With a submersion blender or food processor blend until smooth. Return to Dutch oven and heat. Add ¼-cup cream cheese. Stir until incorporated and season to taste. Add chopped parsley. Serve with fresh parmesan cheese and homemade croutons.

Serves 4 – 6.

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**Recipe Corner**

*by Sue Dannahower*

Downtown Farmers Market: **Castronovo Chocolate**

by Keith Lustig

It has been said that great art stands the test of time. That is certainly the case with Castronovo Chocolates. Not only is it the home-craft tradition these artists bring to the table, it is also a rich long-lasting family history and pride.

This husband and wife team draws upon a strong sense of family history and the fine art and pride of craftsmanship to produce their quality products. Castronovo Chocolates honors the Italian traditions of preparing food from the heart and sharing it with family and friends. "To us, the chocolate represents a journey, a discovery process, and a time-honored tradition of handcrafting food."

They initially explored chocolate because of its outstanding health benefits, being a rich source of antioxidants, magnesium, and iron. Over time their curiosity moved on to discovering the process of unveiling the different flavor notes of chocolate. Only high-quality cacao from Central America, South America, and the Caribbean is used. None of the cacao beans are traded on the commodities market; direct sourcing ensures that the farmers are paid fair wages.

Many people are not aware that there are about 600 flavor notes in cacao (wine has about 200). By handcrafting small batches, a level of control is gained over the process that uncovers variety in taste. Castronovo Chocolates only uses two ingredients in their products, cocoa beans and cane sugar … well four if you count passion and pride.

There is nothing they enjoy more than setting up each week at the Downtown Fort Pierce Farmers Market while watching the dawn break over the water. “What we love about the Fort Pierce clientele is their open-mindedness to try new things and their strong support of the local culture.” Castronovo Chocolates is another fine addition to the Farmers Market. Many of their customers come back as regulars every week.

Stop by and enjoy the health benefits and pleasure that great chocolates can bring to your life. This vendor proves that true artistry does indeed stand up to the test of time.

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**Educate Yourself**

ENERGY:
- Turn off the lights when leaving the room.
- Use clothing to instead of the dryer.
- Close the blinds in the summer to keep the house cool.
- Use CFL bulbs.
- Turn the tap off when leaving the room.
- Change your AC filter monthly.

WATER:
- Fix leaky faucets.
- Take shorter showers.
- Don’t leave the water running when you’re not using it.

**For more tips visit www.fwpca.com**
The Sunrise Theatre will host four separate, week-long children’s summer programs in conjunction with the Missoula Children’s Theatre.

A maximum of 64 students will be able to participate in each of the programs. The cost for each week-long program is $100 per child. Students, grades 1st through 12th (ages 6-18), are encouraged to participate.

Registration for all camps open Monday, April 1 at 10 AM

More Information
772-461-4775 • SunriseTheatre.com

Located in Historic Downtown Fort Pierce For a complete list of shows visit us online