LET THE HOLIDAY SHOPPING BEGIN!

Historic Downtown Fort Pierce has Everything You Need for the Season!
see page 16 ...

SAVE THE DATE:
Sights and Sounds on Second Festival, Parade & Tree Lighting Ceremony
December 2, 2012

DECEMBER ADVENTURES
At the Manatee Center
see page 5 ...

SPOTLIGHT ON:
Fort Pierce Jazz Market
see page 9 ...
Wednesday Green Market
see page 24 ...

Merry Christmas
Celebrate the Holidays in Historic Downtown Fort Pierce

by Beth Williams

It’s December in downtown Fort Pierce and it couldn’t look more like a wonderland for shoppers. With holiday decorations and lights, and merchants’ shops inviting with the sights, smells and sounds of the season, taking a stroll through our historic district is a must-do this month! Please consider shopping local before you hit the internet or travel to the mall. Supporting our downtown merchants is how we keep our “Main Street” thriving year ‘round.

As we wrap up another great year at Main Street Fort Pierce, I want to take the opportunity to thank our many volunteers, members, and donors for making 2012 a success for this organization. Whether it’s helping to plan and implement one of our many events for the public, volunteering at the office, sponsoring an event, or sending in your membership check, we count on you to accomplish our goals on behalf of the district. You’ve made it all possible and on behalf of our board of directors — thank you!

Don’t forget to come downtown and enjoy the annual Sights and Sounds Parade on Sunday, December 2nd. It’s a wonderful kick-off to the season! We look forward to another great family-friendly event that celebrates our fantastic community! To you and yours, Happy Holidays!

The Next Generation of Main Street Fort Pierce Volunteers?

Connor & Adam welcome little sister, Finley.

Congratulations to the Blandford Family
December 2, Sunday: Sights and Sounds of the Second Festival, Parade & Tree Lighting Ceremony Main Street Fort Pierce, 466-3880, www.mainstreetfortpierce.org

December 7, Friday: Friday Fest — Music & Entertainment by Out on Ball; 6:30 p.m. to 9:00 p.m.; Main Street Fort Pierce, 466-3880, www.mainstreetfortpierce.org

December 8, Saturday: 22nd Annual St. Lucie County Boat Parade — 6 p.m.; www.maitc.com.

December 12, Wednesday: Holiday Art Party & Art Wednesday at Art Bank — Food, drink, music, ornaments, stocking stuffers, and handmade art gifts; Art Mundo Open Studio, 5 p.m. to 9 p.m.; The ArtBank at 111 Orange Avenue; Artmundo.org@gmail.com; 766-0021, www.artmundo.org.

December 21, Friday: Coffee with the Mayor — 8:00 a.m.;Historic City Hall; December Sponsor: McAlpin, Cavallini & Lewis CPAs; Music from Fort Pierce Jazz & Blues Society.

December 21, Friday: 17th Annual Community Holiday Festival — Santa photos, face painting, cookout, bounce house, health information booths, and more; 10 a.m. to 3 p.m.; St. Lucie County Health Department, 714 Avenue C, 468-3800.

WEEKLY EVENTS

Tuesdays: Weight Watchers Meetings — 5:30 p.m. at Anytime Fitness; 451-2348.

Wednesdays: Fort Pierce Green Market & Food Co-Op — 2:00 p.m. to 6:00 p.m.; Marina Square, 581-756-3600.

Wednesdays: Art Mundo Open Studio — 5 p.m. to 8 p.m., The ArtBank at 111 Orange Avenue; Artmundo.org@gmail.com, 766-0021, www.artmundo.org.

Thursdays: Fort Pierce Bike Night — 6:00 to 9:30 p.m.; 2nd Street; Downtown Fort Pierce; Rinell’s Yellowtail Restaurant, 466-5474.

Dine, Shop and Enjoy Beautiful, Historic, Downtown Fort Pierce!

Main Street and Downtown Business Association

December 2, Sunday: Sights and Sounds of the Second Festival, Parade & Tree Lighting Ceremony Main Street Fort Pierce, 466-3880, www.mainstreetfortpierce.org

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Saturdays: Ft. Pierce Farmer’s Market — 8:00 a.m. to Noon; Marina Square on Melody Lane, Market Manager, 940-1146.

Saturdays: The Jazz Market — 8:00 a.m. to 1:00 p.m.; 1/2 mile north of downtown Fort Pierce Library; Jazz & Blues Society, 460-5299, www.jazzsociety.org.

FORT PIERCE RIVERWALK CENTER

For information, please call 480-6473 or visit cityoffortpierce.com

HEATHCOTE BOTANICAL GARDENS

For information, please call 464-6672 or visit www.heathcotebotanicalgardens.org.

DOWNTOWN FORT PIERCE LIBRARY

For information, please call 462-2767 or visit www.st-lucie.lib.fl.us

SUNDAY FUN

For information, please call 462-1795 or visit www.stlucieco.gov/History.

ST. LUCIE COUNTY REGIONAL HISTORY CENTER

For information, please call 462-1795 or visit www.stlucieco.gov/History.

ST. LUCIE COUNTY MARINE CENTER

Please call 462-3474 for more information or visit www.stlucieco.gov/marine_center

A.E. BACKUS MUSEUM

For information, please call 465-0630 or visit www.backusmuseum.com.

November 23 to January 11, 2013: Holiday Art Festival; Art Sale & Holiday Festival Open House, free to the public on Saturday, December 1, 10 a.m. – 2 p.m.

FORT PIERCE JAZZ & BLUES SOCIETY

For more information, please call 490-5299 or visit www.jazzsociety.org.

ART MUNDO

For more information, please call 766-0021 or visit www.artmundo.org

FORT PIERCE POLICE ATHLETIC LEAGUE

For more information, please call 766-0021 or visit www.artmundo.org

Volunteers needed for Ft. Pierce Police Athletic League. Persons interested in teaching the fundamentals of sports, mentoring and tutoring should contact Paul Pearson or Gabe Gonzales 772-460-0606.

SUNRISE THEATRE

For information, please call 462-3474 or visit www.sunrisetheatre.com.

Another event on Saturday, December 15th is a “Gifts from Nature Workshop” for ages 4 and up. There will be multiple crafts available that are age appropriate. You will be amazed at what nature gives us that can be made into beautiful gifts! Start time is 10 a.m.; $8 per child, members $6. Registration closes December 8th.

Friday, December 21st, all ages are invited to try their hand at making gifts from repurposed and recycled items. The “Eco-Art Workshop” begins at 3pm; $5 non-members, $2 members. Registration closes December 14th.

Of course we offer other wonderful hands-on learning activities every day including touch-tank demonstrations and reptile encounters. Ask one of our trained docents to introduce you to our most popular critters: Ruffles, our bearded dragon, and Diego, our red rat snake!

Manatee Center — December Adventures

by Meredith Bennett, Marketing/Retailer

This is where your adventure begins! From stories of finding sunken treasure to making your own treasures the Manatee Center has activities for all ages. Get your calendar out. You don’t want to miss any of these events!

On Friday, December 14th you will want to bring your lunch and a friend to our monthly Brown Bag Lunch Lecture. At noon, our own local treasure hunting legend, Captain Bob Bouchals, will regale us with stories and show some of his artifacts from the recovery expedition of the “Maravillas” (A Spanish galleon loaded with riches that went down in the Bahamas in 1656). Captain Bob, an exceptional explorer and storyteller will delight all ages.

On Saturday, December 15th we have our popular “Nature Nuggets” for the 5 and under crowd and their moms. This month’s theme is “Ocean Commotion” and features nature stories, hands-on learning through crafts and more. Start time is 11 a.m.; $2 per child, members are free.

If you are hosting guests this season, plan on showing them a piece of “Real Florida” by taking them on a tour of the Indian River Lagoon. You are likely to spot manatees, dolphins and lots of other wildlife. Tour times are 10:30 a.m., 1:30 p.m. and 3:30 p.m.; adults $23; over 65 $20, 3-12 $15. Make your reservations by calling the Vanishing Mermaid Gift Shop at 772-429-6267 in advance because the spots fill up fast!

If you or your guests would like to get “up-close and personal” with the “Real Florida” you will definitely enjoy a kayak excursion. Dates and times vary but we can definitely hook you up! Call Meredith for more information at 771-466-1600 x 3336.

Every year at just this time, In cold and dark December, Families around the world All gather to remember, With presents and with parties, With feasting and with fun, Customs and traditions For people old and young,” —Helen H. Moore

We hope everyone has a wonderful and a wonder-filled season!

Hours: October through June: 10 a.m. – 5 p.m. Tuesday through Saturday and 12 p.m. – 4 p.m. on Sundays. Exhibit Hall: 429-6266; Vanishing Mermaid Gift Shop: 429-6267.

Visit us at www.manateecenter.com and remember to like us on Facebook or write a review about your visit on TripAdvisor.
Art Mundo Gift Membership – The Gift That Gives All Year Long

by Holly Theuns

What do you get for that person who has everything? The person who says they don’t really “need” anything? Well, if they are an artist, or have ever thought about taking classes in textile painting, or brush making or Oil Painting 101, then maybe a gift membership to Art Mundo will solve your gift-giving problem.

Art Mundo Center for Creative Expression strives to create a world of possibilities through education, exhibition and public outreach in the contemporary arts. We host the annual St. Lucie County High School Exhibit and are planning the first annual “A Different View” exhibit to offer artists with different abilities an opportunity to showcase their work. We have two main galleries and five exhibit wall spaces available to members.

Intangible benefits:

- Members can enter one work of art in Art Mundo’s January Member Show free of charge.
- Only members can rent exhibit walls in Art Mundo’s gallery space to hold their own shows.
- Members receive a 10% discount off of every class they take at Art Mundo.
- Members spend time at Art Mundo and make friends with like-minded people.
- Opportunities to join committees and work on special events or exhibits or contribute your talents in your own way.
- The creative energy present at Art Mundo inspires all who enter the building to create in their own way.
- Art Walk on the 2nd Wednesday of every month is something fun to plan to do with your friends or family – every month.
- Members help us to keep our doors open, to pay our salaries and buy our printer cartridges. Members help us to grow and to offer more shows, more classes and more special events. Thirty dollars will buy a one-year individual membership, $50 buys a duo membership and $75 buys a family with 2 adults and 2 kids under 18 membership. There are also contributing, supporting or sustaining memberships available. Please visit our website for details on these plans.

Art Mundo’s Annual January Member Show is one of the highlights of the year. Each member is invited to enter up to 3 works of art, 2 dimensional or 3 dimensional. You can bring your art to the Wednesday, January 2, 2013 drop off date and join then if you want to. The art is displayed in our gallery until Wednesday, February 6th. On Wednesday, January 9th we host a show opening with wine and hors de oeuvres and all of the artists invite their friends and family to see their art on display. It is a pretty good time and there is always a lot of amazing art.

For more information on a gift membership contact Art Mundo at 772-876-0021 or visit the website www.artmundo.org.

Art Mundo is located at the corner of Orange Ave. and Indian River Dr. at 111 Orange Ave., in Historic Downtown Fort Pierce. We are open from 1 p.m. – 5 p.m. Monday to Friday and from 10 a.m. – 1 p.m. on Saturdays.

Second Street Bistro to Open in Historic Downtown Fort Pierce

by Sue Dannahower

Downtown Fort Pierce is bracing itself for a new wave of culinary ingenuity with the opening of Second Street Bistro. Dennis Collins of Stuart’s East Ocean Bistro partnered with Gary Sofen to bring Fort Pierce a new dining experience.

“Second Street Bistro will offer a nice, casual and comfortable dining experience with reasonable prices. It won’t have run-of-the-mill food. We will have great food and great service,” Chef Dennis says. Open for lunch and dinner they are certain to attract locals as well as snowbirds and tourists.

Collins & Sofen purchased the space formerly occupied by Max & Megs and more recently Governors Grill and Jo-Jo’s. They are in the process of a massive facelift transforming the space into an airy and comfortable atmosphere. An expansive back dining porch with marina and river views has been constructed to allow patrons to enjoy the Farmer’s Market, Friday Fest, Bike Night, fishing tournaments, and so much more. Second Street Bistro will cater to Sunrise Theatre patrons providing a special theatre menu before and after performances. Businessmen & women will enjoy a unique menu that allows them to get in and out in a half hour.

The cuisine, modern American with an International influence, is sure to be a hit with customers. The menu is specially created for the downtown Fort Pierce location using local fresh ingredients — all dishes are made from scratch. Chef Dennis says “we will feature our house salad from the East Ocean Bistro which was voted Best House Salad in Martin County.” The salad consists of fresh field greens topped with peats, dried cherry, candied pecans and finished with a Champagne-Vanilla Bean Vinaigrette. Chef Dennis’ crème brûlée sounds seriously delightful.

The menu will be unveiled at the grand opening on Wednesday, January 2, 2013. Join me on January 2nd for the grand opening of Second Street Bistro, located at 122 South 2nd Street in Historic downtown Fort Pierce.

Dancing With Our PALs Event

Congratulations to Dennis McWilliams, Fort Pierce Police Department Public Information Officer and Anne Satterlee, City of Fort Pierce Communications and Marketing Manager! They competed in the Dancing With Our PALs fundraising event on October 6, at the Sunrise Theatre. Both city employees received perfect scores of 50 points! The tie breaker was determined by who raised the most funding for the event and Dennis McWilliams came out on top. Everyone did a fantastic job but our two shinning city stars really stole the show. Anne and Dennis danced beautifully and it showed in their scores.
The Fort Pierce Jazz Market Story — A Walk Back In Time…

by Bernie & Donna Bires, Jazz Market Managers

The story begins mid-July 2004, when two Fort Pierce Jazz & Blues Society (FPJ & BS) members discussed the possibility of starting a crafts market on Melody Lane adjacent to the Farmer’s Market.

One of those members was Marilyn Buckenholz (fondly known as Mrs. FPJ & BS). She was an impressive dynamo who helped with volunteer recruiting, weekly Jazz Jams, Jazz Week and the Mardi Gras parades. She even wrote the newsletter! The Market conversation became a reality and the FPJ & BS Market officially opened on October 9, 2004 with Marilyn as its manager.

The Market began with one vendor plus the FPJ & BS hospitality tent. Member, Harry Quattro, delivered and picked up the tent every Saturday. Vendors gradually increased to eleven and sometimes as many as fifteen. They included a Real Estate rep, some jewelry retailers, a furniture maker and the local Humane Society, which displayed its adorable collection of dogs and cats that were available for adoption.

When Marilyn moved to Phoenix, we, (Donna & I) were asked to run the market and we graciously accepted. We watched the market increase to an average of around forty vendors during the winter season. Unfortunately due to personal circumstances we had to return to Philadelphia for a short time. The market continued to thrive thanks to members guided by Chris Drzadowski, Karie Hill and Debbie Denning.

When we returned to Florida in 2008, Roberta Hanley, Vice President at the time invited us to run the market once again. The market is thriving under its new name “Jazz Market” and as of today it boasts an escalating number of around sixty vendors. Original and creative items such as fine arts, wood carvings, jewelry, pottery, handmade soaps, pet supplies, beach crafts, Highwaymen paintings, writings from local authors, hand painted glassware can be found displayed for purchase.

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myMedia Burn Bar™ at Kingdom Christian Bookstore

by Pam Gillette

Michelle and Otis Tukes of Kingdom Christian Bookstore at 207 Avenue A in downtown Fort Pierce are happy to announce the addition of myMedia Burn Bar™ to their bookstore. myMedia Burn Bar™ is a service that allows you to burn or download digital Christian music and DVDs. You can “burn” a personally selected list of various artists on one CD or you can choose to burn an entire CD from a variety of Christian artists. Included in the price is a CD case with a printed playlist. You can also choose from a variety of designs to create a personalized label.

Attention Singers: if you sing karaoke, sing in your local church or sing at a special event, accompaniment tracks are available in-store for immediate download or to burn to a CD. CDs are provided with the case with a printed cover and the lyrics are printed on the back of the CD cover. Accompaniment tracks come with the original vocal track, same key without vocals, and higher and lower keys.

Michelle and Otis are excited about myMedia Burn Bar™ and hope you will stop by and check out the new equipment as well as the variety of Christian books and gifts. Kingdom Christian Bookstore carries Christian books, bibles, hats, t-shirts, ties, watches, music and electronic bibles. If you can’t find what you are looking for in the store, they will be happy to special order your request. During the month of December, they will offer a free bible to anyone with a $100 purchase and the store will stay open during the Sights and Sounds on Second Festival and Parade to support Main Street Fort Pierce. Special store hours on Sunday, December 2, will be from 1:00 to 6:00 p.m. Kingdom Christian Bookstore is opened Tuesday through Friday 10 a.m. to 5 p.m., Saturday 9 a.m. to 3 p.m. and closed on Sunday and Monday. They are located at 207 Avenue A, in Fort Pierce; you can contact them at 772-465-7999 or by email at kingdomchristianbooks@aol.com.

Happy Holidays!

Donna L. Benton, Broker
Betty Balmans, Realtor
Joanne McCurdy, Broker

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Stroll and shop the Market and listen to the Sounds of the Fort Pierce Jazz Ensemble on the first Saturday of each month during the winter season. Bring your family and friends and stop by the Jazz booth to say hello. We look forward to meeting you. We are always available to answer any questions and give assistance to our vendors and visitors.

Want something fun to do with the family on a Saturday? Come visit us … Jazz it up and support the Arts!
St. Lucie County Aquarium Adds Seasonal Sunday Hours

The St. Lucie County Aquarium, featuring the Smithsonian Marine Ecosystems Exhibit, is once again open on Sundays through the winter tourist season. Due to budget and staff reductions, St. Lucie County reduced the operating hours at the Aquarium two years ago, but will now be open on Sundays from noon to 4 p.m. through the end of March. In addition to the more than 8,000 gallons of aquatic animals that are on display, Sundays will feature the 2:30 p.m. “Snack Time Tour” where visitors can learn more about the marine life and habitats inside the Aquarium and watch as aquarists feed a select number of the tanks.

Located at 420 Seaway Drive on South Hutchinson Island, the St. Lucie County Aquarium offers an up-close look at the fish, corals, crabs, sponges and other underwater creatures that can be found on the Treasure Coast. The Aquarium’s six exhibits and touch tank accurately reflect the habitats typically found in the Indian River Lagoon and surrounding coastal waters.

This 5,000-square-foot facility has operated in partnership between the Smithsonian Marine Station in Fort Pierce and St. Lucie County’s Parks, Recreation and Facilities Department for more than a decade.

Admission into the St. Lucie County Aquarium is $4 for adults, $3 seniors and children (ages 4-17). Group rates and memberships are available. The first Tuesday of each month is free admission day. Hours of operation are Tuesdays through Saturdays from 10 a.m. to 4 p.m. and Sundays from noon to 4 p.m. (November to March).

For more information about the Aquarium call 772-467-FISH (3474) or for school/group bookings call 772-465-3271 or visit: http://www.sms.si.edu/SMEE.

Roxy Nardone joins Creative Color & Hair Designs at Derma Tech Day Spa

by Pat Gillette

Derma Tech Day Spa offers eight professionals at a salon that offers everything you need to feel pampered, beautiful and very special. There is nothing they can’t do at Derma Tech Day Spa.


Between Roxanne’s 27 years as a skin/nail specialist, Sandy Stebbins 37 years as a stylist, and Lauri’s 27 years as a stylist/makeup artist, they bring a full variety of salon services to the Treasure Coast. Together with Megan Smith (3 years), stylist, Derma Tech Day Spa offers services for hair, nails, facials, waxing, and makeup. The salon also offers a wide range of massage and body treatments by massage therapists Sherry Clark, Lisa Faircloth, and Camille Ogden.

In August 2012, Roxy Nardone joined the group at Creative Color & Hair Designs. Roxy Nardone brings 18 years of experience doing hair, nails, manicures and pedicures. Her specialty is the 21-day shellac manicure, glitter gel toes, extreme and 3D nail art.

Roxy was born and raised in Fort Pierce. She moved to Jacksonville for approximately seven years and returned home one year ago. Roxy said “It is good to be back in Fort Pierce and I like the small town feel of the downtown area. I am very happy to be part of Creative Color & Hair and I am enjoying the close-knit family environment the salon has to offer.”

The salon’s goal is to make everyone that walks through the door feel special and pampered. So if you are looking for a slight change or a complete makeover, the girls at Derma Tech Day Spa, Classic Cuts, Etc., and Creative Color & Hair Designs have over a 100 years of combined experience. They will use their expertise to give you that “heavenly touch” and make you feel like a million bucks. If you are looking for that special Christmas gift, Derma Tech Day Spa is offering Christmas specials and gift certificates for holiday gift giving.

Derma Tech Day Spa, Classic Cuts, Etc. and Creative Color & Hair Designs are located at the Derma Tech Day Spa location at 210 Orange Avenue in Fort Pierce.

The salon hours are: Tuesday and Thursday – 9:00 a.m. to 7:00 p.m., Wednesday and Friday – 9:00 a.m. to 5:00 p.m., Saturday – 9:00 a.m. to 4:00 p.m.; closed on Sunday and Monday. For more information on salon services or to make an appointment, please call Roxanne at 467-0607, Sandy Stebbins at 467-0607 or Lauri at 460-0300.
Coffee with the Mayor
Mayor for the Day — Haley Peper

Mayor Bob Benton and Mayor for a Day Haley Peper give Key to the City pins to Main Street volunteers, Gene Sereg (above), Anne Satterlee, Pat Alley and Pam Gillette.

Main Street Board of Directors and staff award Mayor Bob Benton with Key to the City to thank him for his support, at last CWM as the Mayor of Fort Pierce.

Mayor Elect Linda Hudson and Mayor Bob Benton
City Manager Robert Bradshaw
Commissioner Eddie Becht
Make “Small Business Saturday” Everyday in Downtown Fort Pierce
by Pam Gillette

As I was watching TV the other day I saw the commercial for "Small Business Saturday." This event (in its 4th year) was held on Saturday, November 24, 2012. I was very excited about the commercial and this promotion, but thought to myself; why are we only designating one day for small businesses? America needs to get back to the Main Street approach; by supporting our neighbors and our local businesses everyday, not just one day a year. If we shop local we will begin to revitalize our local economy and keep our communities thriving.

And what a community we have! When you step out of your car in downtown Fort Pierce you will be struck by the beauty of our city. From the palm tree lined streets to our beautiful waterway, our downtown has multiple advantages to shopping in small businesses. Our local merchants will offer you unique items, no lines, one-on-one service with a smile and the convenience of shopping the small town way.

Main Street would like to introduce you to our merchants and the many small businesses our city has to offer:

Shopping for Clothing
ALASAR’S exclusive brands are Romano, Not Your Daughter’s Jeans, Nic & Zoe and custom wigs. DRI FASHIONS (located in the Arcade building) has a special line of Colombian & Brazilian clothing. ROSSLOW’S is the local supplier of Brighton, Metal Smith Jewelry, Pandora, Vera Bradley and a large supply of women’s fashion. WHIMSY CLOTHING BOUTIQUE is the “Original Unique Chic Boutique” offering affordable clothing, boots and accessories for stylish women of all ages.

Shopping for Jewelry & Gifts
Jewelry is always a nice touch for any holiday. BEADS AND BAUBLES, BRENDAS FINE JEWELRY, SWEET’S JEWELERS and TREW AND SONS JEWELRY will have just what you’re looking for. Fine art, paintings, and photography can be found at ART MUNDO, the BACKUS MUSEUM, D. RHODES STUDIOS, the LEGENDARY HIGHWAVES ART GALLERY and TREASURE COAST ART ASSOCIATION. WILDFIRE CLAY STUDIO offers hands-on clay and pottery classes. SENTIMENT has exclusive and unique finds for the holidays, where you will uncover special items created by an array of local artists. New this season is LeeLei — magnetic accessories. Homage Candles by Sentiment will offer several different holiday scents while bringing back their most popular Christmas scent “Tradition.” Homage Candles by Sentiment Candle Making Session Gift Certificates are available, where the recipient will receive an exclusive 1:1 candle-making experience. If you have a candle-making party during the month of December, you will be entered into a drawing to help design and name the January Candle of the Month.

Fort Pierce offers a wide variety of gift shops for those specialty items. BED, BATH & KITCHEN/KAREN KANE INTERIORS for home goods, COKES STATIONARY for Tervis Tumblers and promotional items, OFFICE PRODUCTS & SERVICES for office supply needs, TREASURE COAST STAMPS for the stamp collector, THE ACADEMY OF MUSIC STORE for music lessons, THE CLOCK SHOP for clocks and repairs, ST. LUCIE RESTAURANT SUPPLY for the foodies in your life, TRYST DANCE STUDIO for dance classes and the VIRGIN OF GUADALUPE BOTANICA GIFT SHOP for gifts and candles.

The FORT PIERCE CITY MARINA GIFT SHOP has just expanded their gift shop for your holiday shopping. New items include Guy Harvey Jewelry, Hand Painted Ornaments, Pennsylvania Dutch Candies, Ancoha Gift, sunglasses and local nautical gifts. The VANISHING MERMAID GIFT SHOP at the Manatee Observation and Educational Center has gift lines that are nature inspired and reflect coastal living with a Florida flare.

Shopping for Relaxation
Why not pamper yourself or a loved one with a spa treatment, hair cut, manicure or pedicure at one of our many salons: BANGZ SALON, CLASSIC CUTS, ETC., CREATIVE COLOR & HAIR SALON, DERMA TECH DAY SPA, DIANE’S HAIRLINES, JAN’S TRENDSETTER SALON, PARADISE HAIR & NAILS SALON, REBECCA’S, SALON DE ANA BERNAL, SHAPING IMAGE, SKINPLICITY, STUDIO 207, or VISIONS HAIRSTYLING. Call a Salon today to pick up a gift certificate for a spa day.

Shopping for Holiday Flowers
CHANEEY’S HOUSE O’ FLOWERS can make your dining table spectacular with a centerpiece or surprise a family member or friend with a beautiful bouquet all ready with a holiday theme. Flowers always make the holidays special, so call CHANEEY’S to order your arrangement.

Continued on page 18 …
… continued from page 17

**Shopping for a Holiday Getaway**

Plan a special weekend trip with ALL ABOUT TRAVEL. Terry Shafer will be happy to sit down with you to plan a quick getaway or a once in a lifetime dream vacation.

**Shopping for Health & Fitness Fans**

If getting in a better shape or healthier is one of your New Year’s resolutions, gift certificates for a special trainer, gym membership or group workouts can be obtained at ANYTIME FITNESS. ONE YOGA PLANET, the RIVER WALK CENTER or stop by NUTRITION WORLD and ALOE HERBS FOR LIFE. ANYTIME FITNESS is a home for Weight Watcher meetings.

**Shopping for the Wine Lover**

ROY’S LIQUOR will be hold it’s annual Holiday Tasting on Sunday, December 9, from 1:00 to 5:00 p.m. and they also hold weekly Wine Tastings on Thursdays and Beer Tastings on Sundays. The Oak Ridge Boys, the Christmas Carol, St. Lucie Ballet – “The Mystery of the Magi,” “Circque Chinois,” Sister’s Christmas Catechism, “The Nutcracker,” and the Christmas Carol and the State Ballet Theatre of Russia presents The Nutcracker. Go to www.sunrisetheatre.com to find the perfect show for you.

**Shopping for Dining**

There’s no shortage of fine restaurants in the downtown area such as 12 A BUOY, 121 – WINE & TAPAS BAR, BANGKOK INN DOWNTOWN, BREWERS CAFE, BUCKSHOT BAY, CAPTAIN BOB’S, CAPTAIN JACK’S, CHARDOGNAY, COBB’S LANDING, KRAZY FISH, LORENZO’S ITALIAN RESTAURANT & PIZZERIA, MERVIS’ CAFE, PP COBB’S GENERAL STORE, RINELLI’S YELLOW TAIL, S&S TAKEOUT, THE ORIGINAL TIKI BAR & RESTAURANT, THE POT BELLIED TREASURE COAST SUNRISE CAFE and coming soon, SECOND STREET BISTRO.

For those with a sweet tooth, IMPORTICO’S BAKERY CAFE features a wide variety of baked goods, cookies, and bread. UNCLE CARLO’S GELATO will feature special homemade gelato, along with sandwiches, cakes and candies. TREASURE COAST SUNRISE CAFE features 15 varieties of ice cream including their specialty: Key Lime and Florida Orange yogurt and healthy choice items.

**For Entertainment**


As you can see, downtown Fort Pierce has many things to offer. This year make it your goal to shop local and support the small businesses. The continued success of our community lies with us and what choices we make to shop local.

For more information on the local businesses in Downtown Fort Pierce check out the Main Street website at www.mainstreetfortpierce.org and click on the shopping and dining pages.

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**Audrey M. Napp, a Full Life Remembered**

*by Dick Boyd*

Audrey Napp was born in 1927 in Newark, New Jersey, where she lived for eight years before her family moved to Chicago, Illinois. She was a serious student, graduating with honors from Hirsh High School. She earned her Bachelor’s and Masters Degrees at Butler University in Indianapolis, Indiana.

After graduating from Butler, Audrey taught Junior High for one year in the Indianapolis school system and then moved to New York to work at the New Yorker magazine. Audrey found the excitement of the big city fascinating but a warmer climate was calling her name so she accepted the position of Dean at Gulf Park College for Women in Gulfport, Mississippi.

Audrey was a History major while at Butler; so when the opportunity to become Professor of History at Cumberland County College in Vineland, New Jersey came to her, she left Mississippi to return to New Jersey and began the adventure of teaching European History. She remained at Cumberland for 25 years. Her students, while always challenged, were excited by Audrey’s enlightened and enthusiastic classes.

Audrey had an insatiable appetite for knowledge. During her teaching career she was a Fulbright Fellow in the Netherlands and an NEH Fellow at Princeton University. An ardent traveler, Audrey enjoyed more than fifty trips abroad.

Her community activities included Chapter President of AAUW and Club President of Zonta International both in Vineland, New Jersey and the Southern Florida chapter. Zonta International is a global organization of executives and professionals working together to advance the status of women worldwide through service and advocacy.

Upon retirement Audrey sold her home in Ocean City, New Jersey, and took up permanent residence in Ocean Village which she called her “Paradise.” She was a 10-year volunteer at the Fort Pierce Visitor Center, where she took great pride in introducing visitors to the town she loved. Audrey was a supporter, member and volunteer at the Sunrise Theatre and Main Street Fort Pierce. She served the Ocean Village POA as secretary for 9 years and as President of AWOL women’s organization and volunteered in leadership offices in other Ocean Village organizations.

Audrey Napp was a bright light in the lives of all who knew her and she will long be remembered.

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**Adventure Inn, For Entertainment**

When you called Audrey Napp on the phone, her answering machine said: “I am sorry, I am not here. I am in paradise.” In September of 2012, Audrey passed away to leave one paradise for another. A beautiful and intelligent woman, Audrey was a true friend to Fort Pierce and to all who knew her.

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Audrey Napp was a bright light in the lives of all who knew her and she will long be remembered.
Couch Potato to Triathalete
by Joanne Augusto, Owner, Nutrition World

Let me begin by confessing as a health and nutrition advisor I am embarrassed to admit that I hate to exercise. I get bored very easily and hate feeling the aches and pain. This past summer I over-indulged in carbs and wine and found that sixteen pounds climbed onto my body in a blink.

I decided to try an experiment. What if I continued to eat healthy, only having naughty food on weekends and begin an exercise program? Could I possibly have the best of both worlds?

So each Monday I would wake up with the intention of doing an hour of exercise and I would clean my house instead. I rationalized to myself that I never stopped moving during the cleanup.

My friend offered a suggestion. Let’s do a triathlon together. I thought she lost her mind. Did she think I could go from nothing to swimming, biking and running every day?

Well, that was four weeks ago and I have been training ever since. She turned me on to a web site called active.com. It was very easy to follow. It gradually increases your time and intensity so it is possible for anyone, even me. The Sprint Triathlon that we are doing is on February 5th, so I chose the 16-week training program. I love that there is a variety each day and there is an awesome goal at the end.

I have been taking extra fish oil, turmeric and raw protein to help me lose weight and keep the pain and inflammation down. If you research triathletes they are known for very strong shapely bodies and less injuries. I love the energy and strength that I feel. I have always believed that true health only comes with having a well-balanced life. Exercise reduces stress, combats fatigue and keeps blood sugar under control and the more muscle you have the more efficient your metabolism is.

Please look into this if you need a change. It is so much fun!
Holiday Challenges

by Angel Lugo, Anytime Fitness Manager and Personal Trainer

It’s that time of the year again. As we prepare for the holidays, we need to start planning our exercise and nutrition.

Get your exercise schedule together — what days am I going to workout? Consider full body circuit workout — saves time. Use compound exercises like squats, deadlifts, military presses, etc. Utilize HIT cardio — 20 minutes on any piece of cardio alternating 1 to 2 minutes moderate speed then 1 to 2 minutes fast. Select food that are healthier — leaner cuts of protein and plenty of veggies. Drink plenty of water before meals. If you’re going to indulge in higher calorie foods and sweets, have a smaller portion and be happy. Keep your holiday meal to the specific day and resume your normal schedule the following day. Read your fitness GOAL.

Anytime Fitness of Fort Pierce December special: new members will get ½ prices on selected Personal Training Rates.

Anytime Fitness is located at 111 Orange Ave., 461-2348.
Wednesday Fort Pierce Green Market & Food Co-Op

The newly formed Wednesday Fort Pierce Green Market & Food Co-Op is now open on Wednesday afternoons from 2:00 p.m. to 6:00 p.m. It is designed to allow locals to come directly from picking kids up from school and others to stop by on route home from work.

The Wednesday Market is in historic downtown Fort Pierce at the City Marina because of the beautiful location that has become the signature community gathering space.

It’s a green market for those of us who want to eat fresh, buy local, know our farmers and how they produce food; and it’s more. It’s the first food co-op in the area, intended to organize the demand of locals to access a greater variety of good food. Currently, locals take turns traveling up the coast for raw dairy products, grains and other food, which we hope to have delivered directly to the Wednesday Market, as more locals realize the availability and increase the order.

Currently at the Wednesday Market are a few egg producers, as well as hormone- and antibiotic-free beef, pork and pastured poultry. A Miami co-op has purchased cows from a Pennsylvania Amish farm which feeds, milks, harvests and travels a thousand miles to deliver. We can do better!

The goal of the Wednesday Green Market Food Co-Op is to organize all these efforts to reduce the transportation time and energy to give more local consumers greater access to a wider variety of foods. There is even talk of purchasing local dairy cows to satisfy the local demand. A 4th generation Florida seafood company has agreed to make a Wednesday Market delivery of seafood pre-ordered/pre-paid via their website.

While they last, the Wednesday Market has this season’s fresh pecans, walnuts, and pistachios, in time for holiday baking. Other foods in demand but not produced in Florida will come to the Wednesday Market in similar organized sustainable ways to meet the demands of supportive patrons.

Local non-profits are welcome to free space at the Wednesday Market to educate and/or fundraise. The Wednesday Market is also a party with live music and entertainment every Wednesday from 2:00 p.m. until 6:00 p.m. at the City Marina.
History Came Alive at the 2012 Ghost Walk Downtown Fort Pierce

Photos by Janie Hinkle
Fort Pierce City Marina Past

by Sue Dannahower

With the new city marina project well under way interest is growing in the innovative concept Fort Pierce has instituted for this major component of our downtown. The construction of the new islands is well under way and soon new docks will follow to the east of the seawall. Much has been written and published recently detailing the project and what it will look like when completed. With all the heightened interest I thought some of you might enjoy knowing some of the marina’s past history. The following is an article I researched and penned back in 2006 which details how the marina got started and as much of its history as I could find. Enjoy.

Since January 15, 1938 the city of Fort Pierce has owned the Fort Pierce City Marina. On that date the Chamber of Commerce transferred ownership of the “Yacht Basin,” which had been built under the oversight of a Chamber Yacht Basin Committee, to the city. Management and operation of the new Yacht Basin became the charge of the City Commission and City Manager. Interestingly, at the December 22, 1937 city commission meeting a comprehensive report on the upcoming handover of the Yacht Basin estimated monthly revenue of $110.70 for eleven yachts for five months of the year with the other seven months unable to be estimated! Humble beginnings for what is now a thriving state-of-the-art marina serving a wide range of local and transient boaters.

Research produced little information about the marina for the 25-year period from the beginning of the City’s entry into the business through the early 1960s. Fast forward to 1963, the marina is still there, owned by the city, and obviously has grown and added services over the years. From this point forward the marina has had a number of ups and downs, struggling to become a premier facility but never quite getting there.

In the early ‘60s the marina was being rebuilt, rebuilt and eventually the purchase reverted back to state ownership. In the late ‘60s the marina was being rebuilt once again when a rift developed between the city officials overseeing the project and the city’s engineer. Sightings poor construction and likely short-life-span, the engineer refused to sign off on the project and eventually left his job with the city over this disagreement. Unfortunately for the marina his predictions would be born out and by the early ‘80s the docks and roofs were literally falling apart.

In 1984 Mayor William R. Dannahower and the City Commission took notice of the marina’s condition and the fact that a permit to rebuild wasnt being used. They also recognized that more slips were needed. Once again a lengthy re-permitting process was begun and over the next few years the marina was re-vitalized. The popular floating dock system east of the seawall was added at the end of this process in the late ‘80s. The marina was once again leased to an individual who built the popular Tiki Bar and operated the marina for a number of years. The lessee passed away and once more the city retracted its lease and began a cleanup.

Since then the marina has been operated by the city and has continued to grow. Suffering a long history of ups and downs, rebuilds and disrepairs and most recently 3 major hurricanes, the marina seems poised to become a model facility. Fort Pierce, long neglected and now on the verge of being “on the map” is long neglected and now on the verge of being “on the map” is Fort Pierce as a premier waterfront experience. The construction of the new islands is well under way and soon new docks will follow to the east of the seawall. Much has been written and published recently detailing the project and what it will look like when completed. With all the heightened interest I thought some of you might enjoy knowing some of the marina’s past history. The following is an article I researched and penned back in 2006 which details how the marina got started and as much of its history as I could find. Enjoy.

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In the early ‘60s the marina was being leased to an individual who operated it for the city. It was in fairly bad disrepair and the City Commission and Mayor developed a plan to take the marina out of the lease and refurbish it. They also purchased more City Commission and Mayor developed a plan to take the marina out of the lease and refurbish it. They also purchased more...

Recipe Corner

Christmas Spuds

Whether you’re Christmas Dinner is centered around Turkey, Ham, Rib Roast or Pork potatoes are always a welcome side dish. Here are a few of my family favorites.

Bacon Wrapped Potatoes
4 small baking or new potatoes
1 onion, cut into 4 slices
8 strips bacon
1 can beef broth
1 can corn
1 can cheddar cheese, shredded
½ stick butter

Lighter Version: Skip frying and smashing the potatoes. Boil and mash the potatoes in a bowl with the parsley-lemon mixture. Toss potatoes with the lemon-garlic mixture. Serve immediately. Serves 4.

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