"Ghosts of Fort Pierce Past" Walking Tour

Photo by Janie Hinkle, Jiffy Photo
Downtown Fort Pierce’s Past Comes Alive in October

by Beth Williams

October brings one of my favorite Main Street Fort Pierce events – the Annual Ghost Walk on October 30th. I remember the first one I was involved with; because of its name, there were some children in the group that kept asking when the scary stuff was going to happen. I had to explain that it wasn’t that kind of tour but rather this was a fun way to revisit our historic district’s past.

I’ve been involved with this event for many years and each time I hear something new about our community. This year’s Ghost Walk promises to be bigger and better than ever. Because of its popularity we’re even adding a third route for participants to choose from. The guided tour is an enjoyable stroll through beautiful historic downtown Fort Pierce with visits from some of the most interesting characters of our community’s past. It’s a great way to spend a Wednesday evening and I hope to see you there!

In our 25th year, Main Street Fort Pierce continues to preserve our past while enriching our future. We do it through events like the Ghost Walk and we do it through the renovation and refurbishment of historical buildings like the Sunrise Theatre, Historic City Hall, and most recently the Platts/Backus House. The improvements to the house are something that we are very proud of. MSFP has made a significant investment in renovations and the recent completion of the courtyard area is the perfect finishing touch for this building, which is steeped in the rich history of artist Beanie Backus.

Whether through historic preservation or boosting the downtown economy through our many events that bring thousands of people to the area each month, MSFP is committed to preserving the past, enriching the future, and making our community the best place possible to live, work, and play!
Calendar

October 4, Friday: Friday Fest — Support Breast Cancer Awareness Month. 5:00 – 9:00 p.m.; Music & Entertainment by Category 5. Main Street Fort Pierce, 466-3880, www.mainstreetfortpierce.org.

October 9, Wednesday: Art Walk — Art Mundo Open Studio. 5 p.m. to 9 p.m.; The ArtBank at 111 Orange Avenue; Artmundo.org@gmail.com; 766-0021, www.artmundo.org.

October 18, Wednesday: Coffee With the Mayor — Historic City Hall at 8:30 a.m.; October sponsor is Waste Management; hosted by Main Street Fort Pierce & Orchard Island Juice Company, www.mainstreetfortpierce.org.

October 21, Saturday: Main Street Annual Golf Tournament — Gallar Race Country Club. 9:00 a.m. – Noon; Stogdon Street; Main Street Fort Pierce, 466-3880, www.mainstreetfortpierce.org.

October 26, Saturday: Downtown Fort Pierce Green Market & Treasures in the Town — Downtown Fort Pierce 8:00 a.m. – 1:00 p.m.; Treasure Coast Art Association, 332-3176, www.treasuresetonw.com.

October 30, Wednesday: Ghoosts of Fort Pierce Past Walking Tour — “NEW” Edgartown tour – 3 different tours; 1st tour leaves at 5:00 p.m.; reservations required; Main Street Fort Pierce, 466-3880, www.mainstreetfortpierce.org.

October 26, Saturday: Art Walk — Art Mundo Open Studio. 5 p.m. to 9 p.m.; The ArtBank at 111 Orange Avenue; Artmundo.org@gmail.com; 766-0021, www.artmundo.org.

October 31, Wednesday: Dine, Shop and Enjoy Beautiful, Historic, Downtown Fort Pierce!

Weekly Events

Tuesdays: Jazz Jam at the Sunrise Black Box Theatre — 7:00 to 10:00 p.m.; 460-5299.

Tuesdays: Weight Watchers Meetings — 5:30 p.m. at Anytime Fitness; 461-2348.

Wednesdays: Art Mundo Open Studio — 5 p.m. to 8 p.m.; The ArtBank at 111 Orange Avenue; Artmundo.org@gmail.com; 766-0621, www.artmundo.org.

Wednesdays: Fort Pierce Green Market & Food Co-Op — 2:00 p.m. to 6:00 p.m.; Marina Square, Downtown Fort Pierce, 561-7560-360.

Thursdays: Fort Pierce Bike Night — 6:00 to 9:30 p.m.; 2nd Street, Downtown Fort Pierce; Rinell’s Yellowtail Restaurant, 466-5474.

Saturdays: Ft. Pierce Farmer’s Market — 8:00 a.m. to Noon; Marina Square on Melody Lane; Market Manager, 940-1145.

Saturdays: The Jazz Market — 8:00 a.m. to 1:00 p.m.; north side of the Downtown Fort Pierce Library; Jazz & Blues Society, 460-5299, www.jazzsoociety.org.

FORT PIERCE RIVER WALK CENTER

For information, please call 489-6473 or visit cityoffortpierce.com

600 North Indian River Drive, Fort Pierce; Classes include: Jazzercise, Zumba, Zumba Gold, Duplicate Bridge, Anusara Style Yoga, Ballroom Dancing, Belly Dancing, and Line Dancing.

DOWNTOWN FORT PIERCE LIBRARY

For information, please call 462-2787 or visit www.st-lucie.lib.fl.us

SUNRISE THEATRE

For information, please call 461-4775 or visit www.sunrisetheatre.com.

SUNRISE THEATRE’S BLACK BOX PERFORMANCES

For information, please call 461-4775 or visit www.sunrisetheatre.com.

MANATEE OBSERVATION AND EDUCATION CENTER

For information, please call 466-1600, ex. 3333 or visit www.manateecenter.com.

ST. LUCIE COUNTY REGIONAL HISTORY CENTER

For information, please call 462-1795 or visit www.stluciehistory.org.

LEGENDARY SITES IN ST. LUCIE COUNTY: The band for the night is Category 5 and the Storm Horns.

Friday Fest: Wear Pink in October & Go Polynesian in November

by Pam Gillette

OCTOBER FRIDAY FEST

October is Breast Cancer Awareness month and Main Street Fort Pierce, Radiology Imaging Associates and the Professional Firefighters and Paramedics of St. Lucie County want you to wear pink at Friday Fest!

Radiology Imaging Associates, our yearly pink token sponsor and supporter of cancer awareness will have a booth set up at Friday Fest. Stop by Radiology Imaging Associates booth where they will raffle off a Kilwin’s chocolate basket and Main Street will raffle off a Friday Fest basket to all those who wear pink in support of breast cancer awareness. Remember early detection is the best Schedule your screening mammograms! Drawing will take place at 9:30 p.m. and you do not need to be present to win!

The Professional Firefighters and Paramedics of St. Lucie County will be at Friday Fest supporting the “Pink Heals Tour” with two pink fire trucks in front of the library. The “Pink Heals Tour” and the “Cares Enough to Wear Pink” programs were started in 2007 to help people battling cancer with a focus on women and what they mean to us in our daily lives. 100% of the “Pink Heals Tour” is funded by the sale of merchandise, so stop by their booth next to the pink fire trucks and support their cause or visit their website at www.pinkfiretrucks.org.

Show your support for breast cancer awareness and wear PINK at Friday Fest, Friday Fest is Friday, October 4 (weather permitting – roll over date October 11) from 5:30 p.m. to 9:00 p.m. at Fort Pierce City Marina Square. The band for the night is Category 5 and the Storm Horns.

Mark your calendar and wear your favorite Hawaiian attire for a special “Aloha Night at Friday Fest”, Friday November 1. Main Street Fort Pierce, Southern Eagle Distributing and Kona Brewing Company have joined forces to bring in the Aloha Islanders Hawaiian Entertainment Group.

The Aloha Islanders Hawaiian Entertainment Group was established in 1999 and is now the premiere Polynesian entertainment company in South Florida. They provide vibrant, high-energy and authentic Polynesian entertainment for audiences of all ages.

Aloha Islanders travel throughout Florida and the US performing over 180 shows each year. Their Polynesian revue takes audiences on a journey through Polynesia with pulsating drums, beautiful hula dancers and exciting Samoan Fire Knife dancers. Their show is an action-packed, non-stop revue of dances from Hawaii, Tahiti, Samoa and New Zealand. Sit back, relax and enjoy the journey through Polynesia. Aloha Islanders will perform in front of the library at 5:30, 6:00, 6:30, 7:00, & 8:00 p.m.

“Aloha Night at Friday Fest” is presented by Kona Brewing Company. Paradise in a bottle Kona ales and lagers are handcrafted with some of the best ingredients the Hawaiian Islands have to offer. Kona, “your liquid Aloha” is proudly distributed by Southern Eagle Distributing. Kona, “your liquid Aloha,” the official beer of Hawaii, reminds you to designate a driver – “Responsibility Matters.”

Friday Fest is Friday, November 1, (weather permitting – roll over date November 8, 2013) from 5:30 p.m. to 9:00 p.m. at Fort Pierce City Marina Square. Band for the night is Moon Shadow. The event is free to the public, no pets or coolers please. www.mainstreetfortpierce.org.
“Ghosts of Fort Pierce Past” Historic Walking Tour

New Edgartown Tour Added to Event on October 30th

by Sue Dannahower

The Florida Star, October 6, 1887

Dateline EDGARTOWN.

“This is the name of our new town,” the column began and then it reported that the blacksmith shop is open, Mrs. Olmstead is sick, Monday is a road work day for residents, and Captain Harvey is to take P. P. Cobb sailing.

Edgartown is an important part of the history of Fort Pierce and this year Main Street Fort Pierce is adding Edgartown to the “Ghosts of Fort Pierce Past” Historic Walking Tour. Edgartown, once a fishing village, sits on the north edge of Fort Pierce where the south boundary was Silene Street, (now Avenue D), the east boundary was the Indian River (back then the river came almost to 2nd Street), and the west boundary was Ladies Avenue (which is currently US 1.) Alford Lagow was the founder of Edgartown and named the new town after his grandson, Edgar Bowman.

These wonderful tidbits are just the beginning of what you can learn about the historic district of Edgartown as you stroll with the Spirits (your guides) through the streets of downtown Fort Pierce. Our guides will show you the way through the ancient, strange and unusual tales of centuries past by retelling legendary stories, folklore and ghostly experiences. You will never be sure who, or what, might be waiting around the next corner or lurking in the shadows as you take this memorable, leisurely walk into the ghosts of Fort Pierce past.

The "Ghosts of Fort Pierce Past" Historic Walking Tour will be held on Wednesday, October 30. This event only happens once a year, so don't miss the opportunity to hear about the many secrets of Downtown Fort Pierce and the stories of folks, folklore and ghostly experiences. You will never be sure who, or what, might be waiting around the next corner or lurking in the shadows as you take this memorable, leisurely walk into the ghosts of Fort Pierce past.

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The South Tour is also rich with history and paranormal activities. This tour will include a stroll through the Sunrise Theatre with Mom & Pop Kobeldag. Here you may encounter one of the many ushers that hang around the theatre. Next, wander through the haunted Sun Trust building where the harmless phantoms on their errands glide to greet you. Continuing with the tour you will encounter an authentic blacksmith reenacting his early profession. Other stops include: Mr. Miley, reporter and editor for the Fort Pierce News; Mr. Kloppe, the courthouse architect who was crushed by a five-ton safe, the historic Fort Pierce Hotel and Boston House.

The Edgartown Tour will feature Lucinda Lagow, wife of the founder of Edgartown. She recalls the goings on in her town and how she lived back in the 1890s. Also on the tour will be well known artist “Beanie” Backus sitting on a wrought-iron chaise lounge complete with his easel and rum in hand. Moving on you will encounter a rugged old fisherman mending his fishing nets reminiscing about his life on the river. The Coral and Yellow houses, which were a part of the McCarty family; Mrs. McCarty, whose husband was gunned down in the streets over a land deal.

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**Spotlight on...**

Kevin Hester General Manager

Kevin Hester recently moved here from Jacksonville, Florida. He is a retired Navy Officer with 20+ years of military service. He currently resides on Hutchinson Island with his wife, Helen.

Kevin has over 15 years of experience in the Automotive Industry serving in every aspect of dealership operations. He is completely dedicated to his people and to ensuring that his customers are completely satisfied.

Let Fort Pierce Buick GMC serve all your automotive needs in St. Lucie and Okeechobee counties and the Treasure Coast.

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Sales - Service - Parts - Body Shop
Honoring Our Vets – The Purple Heart Cane Project

by Sue Dannahower

During Art Mundo’s August ArtWalk I had the pleasure of meeting Joe Miller. He told me about the Purple Heart Cane Project he helped start to honor our servicemen and woman. I was intrigued and wanted to learn more.

Miller, an avid wood carver, founded the Indian River Wood Carvers Club in January of 2007. Joe, along with fellow club members Lloyd Lasenby, Dallas Jenkins and Jerry Whitt, organized the Purple Heart Cane Project in 2009. Cane handles are carved by one of the 80 members of the Wood Carvers Club and then handed over to Lasenby to personalize.

A cane can take months to create. Each is carved with an eagle head on the top and the veteran’s rank, awards, places and dates served, and the following “thank you” inscription:

“A veteran whether active duty, retired, or discharged, National Guard or Reserve, Man or Woman is someone who at one time in their life, wrote a blank check made payable to the “United States of America” for an amount up to and including my life.”

Canes are gifted by the organization to a service man or woman who has received a purple heart. Canes are also available to other veterans for a small donation. To date, the group has given out 63 personalized canes during ceremonies at the Moose Lodge in Vero Beach and more recently at the Navy SEAL Museum on North Hutchinson Island. During the ceremony, to which family and friends are invited, the recipient is given their personalized cane along with a plaque.

Mr. Miller stated, “Four years ago this started small; now we’ll never lay it down. It’s a big part of our club.” Canes will be displayed in February, 2014, at the Indian River Wood Carvers Show. This will be their fifth year displaying their works of art at this location. If you would like to donate to the Purple Heart Cane Project please contact Lloyd Lasenby at 772-370-6875 or email him at lloydlas2502@yahoo.com.

Writers Notes: In addition to the Purple Heart Cane Project, Miller is friends with Johnny Depp’s father. Miller carved a cane for Johnny who used it in Pirates of the Caribbean Four. He signed a photo of himself holding it during the filming of the movie in Hawaii and sent it to Miller to thank him.

The Art Mundo Center for Creative Expression is a not-for-profit community arts education organization that strives to create a world of possibilities through education, exhibitions and public outreach programs in the contemporary arts. Contact them at artmundo.org or call 772-466-1010.
October Kicks Off Calendart!

by Holly Theuns

Calendart is the biggest fund raising project of the year for Art Mundo and it takes a lot of art and artists to pull it off. Thirty-six artists each create and donate 13 (one for the silent auction and 12 for the calendars) original 5 x 7-inch works of art. All 432 pieces of work will be on display at Art Mundo in the Underground Gallery for Art Walk, October 9th from 5 p.m. to 8 p.m. The gallery looks amazing with floor-to-ceiling and wall-to-wall art and all of the artists will be there to meet the public.

There are only 36 calendars produced and the calendars are only available in one of two ways: 33 of the one-of-a-kind calendars will be raffled off at this year’s Calendart Gala, scheduled for Saturday, December 7th at the Navy UDT-SEAL Museum and three of the calendars will be offered at live auction at the event. Raffle tickets will go on sale at Art Walk on October 9th and continue being sold until the numbers start to be drawn at the gala on December 7th. Raffle tickets are three for $25 and include one admission ticket to the Calendart Gala.

Also on October 9th, silent auction bidding will begin on the 36 matted and framed original submission works of art displayed in the main hallway in Art Mundo’s underground. Final bids will be determined at the December 7th gala.

The 36 artists who have graciously donated their original art work for this year’s Calendart fund raising effort are: Adel Alamo, Lisa Jill Allison, Lillian Anderson, Erin Barbeau, Anita Barnesville, Charles Blake, Marcy Brennan, Judy Coffman, Kelly Corso, Martha Cross, Debi Crouse, Ginny Faitella, Elise Geary, Inca Laun, Julie Lounibos, Georgina Love, Doug Macon, Owen McKenney, Marilyn Mead, Jacquelin Minnich, Robin Moran, Anita Moser, Heather Pastor, Ginny Piech Street, Anita Prentice, Marilyn Purdy, Kate Rotindo, Deena Wynne and Jan Yoshioka. Among the media used to create the original calendar art are acrylics, quilling, oil, fiber arts, markers, photography, wood burning, watercolor, Guoyo-taku, bead embroidery, screen printing and mixed media. This work will only be on display for a few days – then the Calendart calendars are made up.

Ginny Piech Street Classes. In addition to being one of this year’s Calendartists, one of the four founders of Art Mundo, Ginny Piech Street, is also an innovative and inspiring teacher. She has created some brand new classes – Painted Paper Book Making All Inclusive, Spinning Tops, Fabric Design with Block Printing, Screen Printing on Fabric, Block Printing Christmas Cards and Painted Paper Ornaments. She will also be offering some of her always-sellout classes – like Painted Paper Collage All Inclusive, Brush Heads and Assemblage. Please check Art Mundo’s website, www.artmundo.org, for more information and to sign up for one (or two or three) of Ginny’s fall classes. Better hurry – Ginny’s classes always sell out.

Art Chix Exhibit. Can you imagine getting together with your girlfriends once a month to do art projects? What about doing that almost every month for the last 10 years? That, in a nutshell is Art Chix. It all began when they took classes from the late Jacquie Fort at the Vero Beach Museum of Art. During their collaboration they have self-published a book about their amazing journey together as artists. The real exciting news, however, is that they are doing a show in the Loft Gallery from Wednesday, October 9th through Saturday, November 2nd – “An Art Chix Retrospective – 10 Years and Counting.” Here are just a few of the talented artists who make up this group: Allie Comer, Julie Lounibos, Lee Whitridge, Deena Wynne, Lulu Badgely, Judy Coffman, Willie Miller and Mary Segal. The opening for this show will be on Art Walk, October 9th. You don’t want to miss seeing this show.

Don’t forget – Art Mundo will be on the October 30th Fort Pierce Ghost Walk again this year. We plan to have a “screamingly” good time. Hope to see you at Art Mundo in October.

Art Mundo is a center for creative expression located at 111 Orange Avenue in Historic Downtown Fort Pierce. The Center is open Monday through Friday from 1 p.m. to 5 p.m. and Saturday from 10 a.m. to 1 p.m. Please visit our website www.artmundo.org to find out about upcoming shows, calls to artists, classes and special events. Our phone number is 772-466-1010.
Annie Jessie Kincaid Donelson Yorkston of the Royal House of York was born November 16, 1849, in Sterling-shire, Scotland. From a young age, she was a determined soul ahead of her time and did not let the era she lived in dictate how she would live her life. She was well known as a stern, yet fair woman.

In 1867, Annie was engaged by a “common” boat captain named Benjamin Hogg. On April 20, 1868, she married him against her parents wishes. For marrying a commoner her parents disinherited her. In 1873, she and Captain Hogg moved to the United States and settled in Detroit, Michigan. It was in 1879 that the Hoggs arrived on the their schooner called Mystery and settled in Fort Pierce with their three sons William, Alex, and Marion.

Annie had sold her crown jewels in order to purchase the schooner for her husband. He sailed up and down the east coast and to the islands buying, selling, and trading wares. After his first very successful trip, he bought Annie a solid gold watch to thank her for selling the jewels. While he was away on his voyages, she became a successful business woman in her own right. She traded regularly with the Indians, cattlemen, and local fishermen.

Eventually her business grew, and the Hoggs bought a piece of land at the intersection of the Indian River and what is now Second Street. There they built a two-story trading store in 1882 and did very well. The Seminoles were quite fond of her and she catered to their favorite branded cherries and peaches. At one point there was a controversy with the Indians over the killing of hogs. Mrs. Hogg refused to leave with the other women and children and waited until the crisis was settled by the men. She locked herself in the attic of the store with her shotgun and stayed there protecting her business until the incident was settled.

In 1888, the trading post was sold to a canning company from Connecticut which planned to can fish and oysters. At this point, the Edgartown area was beginning to boom, and this new area around the canning company and trading post became known as “Cantown.” After slightly more than a year, the cannery closed down saying they had fished all the oysters in the area. However, the locals knew it was really because of the vicious mosquitoes that made life miserable. It was shortly after that Mr. P. P. Cobb purchased the store, which remains at its original location today.

After the sale of the store, Captain Hogg gave up sailing. He and Annie became quite successful in real estate in the area. Mrs. Hogg always remained kind to those in need and helpful to all of her fellow settlers. She was greatly missed when she passed away on December 28, 1911.

One of the Hoggs many properties is still standing at 419 North Second Street in the heart of the Edgartown Settlement area. The property has been purchased by Holly Theuns who is working on a restoration of the home suitable to the crown jewels that started the Hogg empire. In fact, this writer has it on good authority that Annie herself may just be on her porch for the Edgartown Ghost Walk on October 30, if you are interested in meeting her.
Main Street Halloween Golf Tournament

by Pam Gillette

Budweiser, Ocean Chiropractic & Health Center and Waste Management of FL, Inc. would like to invite you to the 5th Annual Halloween Golf Tournament to benefit Main Street Fort Pierce.

The ghosts and goblins are diligently raking the sand traps, cutting the grass and manicuring the greens in preparation for a haunting good time on Saturday, October 26th, at Gator Trace Golf Club.

The ghastly golf committee is looking for brave golfers and spooky sponsors ready to enjoy a great event while supporting a great cause – Main Street Fort Pierce. The cost is $75 per player or $300 per team. Entry fees include a continental breakfast, a round of golf, lunch and raffle prizes. Every golfer will walk away with a goody bag and a gift from one of our sponsors.

Wada Wash Car Wash is sponsoring the putting contest. For a small donation participants will have three chances to putt their ball through a special car wash layout for a great prize. There will also be a 50/50 raffle and the popular par 3 poker game.

Sponsorship opportunities are still available and tombstones will be set up around the course ready to add your business name as a tee or green sponsor.

Call the Main Street Fort Pierce office at 466-3880 to sign up a team, get a tombstone sign or to become a sponsor of the 5th Annual Halloween Golf Tournament.
Zelmo’s Grows Up
by Pam Gillette

Once upon a time on Depot Drive, Joe Spano opened a small coffee house called Zelmo’s for young adults to express themselves. Today Zelmo’s has grown up and returned to downtown Fort Pierce at 208 Avenue A. On June 14, owner, Doug Englishman, and managing partner, Barry Robertson, re-opened Zelmo’s and they would like the public to see what the new Zelmo’s has to offer.

Borrowing the phrase from the TV show Cheers, Barry wants Zelmo’s to be the place where folks are comfortable and everyone knows your name. Their goal is for Zelmo’s to be a local neighborhood bar where friends hang out, enjoy their favorite beverage and listen to music.

Zelmo’s is a beer and wine bar that has a laid back atmosphere and features local artists performing a variety of talent. Every Friday night is open mic night where anyone can take the stage. On any given night you will hear comedians, spoken word, poetry, or an up-and-coming new musician. The backroom is a game room offering two pool tables, foosball, and darts.

Zelmo’s serves beer and wine with two of their own signature beers: Audrey Ale and Bonehead Beer. They also offer a variety of coffees and teas for those who like to relax with a warm beverage. There is no food available at the bar but patrons will be able to order food from many of the local restaurants that deliver to Zelmo’s and enjoy it while listening to the live entertainment.

Zelmo’s has created a weekly schedule that will appeal to everyone: Pool Night on Tuesday, Indie Night on Wednesday, Bike Night on Thursday, Open Mic Night on Friday, and live entertainment Saturday. At the entrance to Zelmo’s Barry is working with Art Mundo to feature local artists. Each month you be able to see different works of art. Join Zelmo’s on Facebook to see upcoming shows and specials.

Zelmo’s is located at 208 Avenue A in Fort Pierce; phone (772) 409-4895.

Focus on the Farmers Market
by Keith Lustig

COME! SIT! STAY! Those with pets use these words several times a day, some with better luck that others. At the Fort Pierce Farmer’s Market pet owners can add one more command to their frequent command list – EAT! Eating has always been a way to connect with human friends and thanks to the Good Dog Bakery, now it is a way to share great moments with feline and canine friends.

The Good Dog Bakery is a great way to treat pets to the love they deserve in a healthy way. All of the custom baked products are 100% all natural. Owner, Fred Kugel, boasts “The products are delicious, nutritious, and of course always veterinarian approved. Furry friends will know you care and they’ll be delighted!”

Fred is committed to using the finest human products in his fresh baked biscuits for both cats and dogs. The products never contain artificial ingredients, by-products, fillers, food coloring, salt, sugar or soy. They are always corn and wheat free as well. Besides a variety of flavored treats, there are elk antler chews and free range cattle raw-hides too.

Good Dog Bakery, treats and chews have been taste tested and approved by thousands of dogs from across the country. Just ask Dakota, Fred’s chocolate lab, who never misses an opportunity to test a new flavor. The Good Dog Bakery does ship using priority mail, however, they are at the Fort Pierce Farmer’s Market every Saturday morning. How easy is that?

Matt Hurley, the Assistant Director of the Main Street Farmers Market says, “Good Dog Bakery’s offerings are a great fit for the Fort Pierce Farmers Market. They represent a quality product that is home grown and presented proudly.”

Based in Port Saint Lucie, they are not only located at the market each week, but will be happy to send any order. You can also visit their web site for details of all their products, www.GoodDogBakery.net.

So adding the word EAT to your pet’s vocabulary while visiting the Fort Pierce Farmer’s Market may just make them love you even more.
Manatee Center Membership BOGO
by Meredith Bennett

On October 1st, the Manatee Observation and Education Center (MOEC) will kick off its new season with a Buy-One-Gift-One membership drive. Purchase any of our adult memberships, now through the end of December, and receive another adult membership of equal or lesser value free! What a great gift for a friend or family member! Not only do members of the Manatee Center receive discounts on our events, camps, and in the Vanishing Mermaid Gift Shop, but they also receive reciprocal benefits at other participating nature centers throughout the United States.

This season, we are also introducing a new Junior membership offered at only $15. Junior members, ages 12 & under, will receive a "MOE on the Go" package which includes a lovable "Moe the Manatee" miniature plush hand puppet of our mascot, a set of 6 postcards, and a cool manatee pencil. Children are encouraged to take Mini Moe wherever they go — to school, to special events, or on vacation. Then, write us a note about Moe's travels, what he learned, and/or folks he visited. A junior member and Moe could even be featured in our newsletter. Additional details can be found on our website, or call our program coordinator, Jackie, at 772-466-4600, x3334. If you are one of the first to sign up for a Junior membership, you will receive a special orange and blue mesh backpack. But hurry, supplies are limited.

The Vanishing Mermaid Gift Shop is offering a special discount program through December 31, titled "Buy Blue — Save Some Green." Purchase a blue MOEC reusable tote bag at regular price (only $1.99) and receive a 15% discount on any regular priced merchandise you can fit into it. This is a good way to "go green" because the tote bag can be used over and over again. Keep in mind, purchasing a gift from the Vanishing Mermaid actually gives twice because all profits go towards the Manatee Center's educational programs!

The Manatee Center will be showcasing the "Weird and Wild" during the month of October with lots of exciting programs and activities. Go get your calendar and mark the following dates:

October 5th Volunteer Open House, 2 p.m. to 4 p.m.: Learn how you can make a difference and become a vital member of the MANATEAM.

October 6th Sunday Stories, 2 p.m.: Oncey Octupai by Suzanne Tate. Bring the entire family and enjoy a nature story or two. Free with admission.

October 11 Lunch & Learn Lecture Series "Creepy Critters," 12 noon: Florida Master Naturalist, Amanda Thompson, will introduce a few of her "friends" from the Oxbow Eco-Center, free.

October 12 & 19 Creature Feature!, 11 a.m. & 2 p.m.: Each program offers a chance to meet and discover one of the coolest residents at the Manatee Center. All ages are free with admission.

October 13 Estuary Adventures, 12:30 p.m.: Discover some of Florida's exceptional ocean invertebrates without leaving land. Meet and touch sea stars, sea urchins, and more. Age: Middle School, 48 per child.

October 13 Weird and Wild Touch Tank Creatures, 2 p.m.: See and touch weird and wild creatures with 5 arms, one with a home on its back, and more, right from our local waters. Age: Elementary School, $4 per child.

October 20 Manatee Walk & Talk, 2 p.m.: Take a short stroll with a MANATEAM Member and learn the benefits of natural areas for our native Florida manatee; learn how to spot manatees and find out where they like to hang out. All ages; Free with admission.

October 23 Nocturnal Nature, 5:30 p.m.: Meet at MOEC for an informative presentation about those elusive creatures of the night; $6 per person. Enjoy refreshments and then, as the sun sets, we will relocate to a local natural area to look for wildlife after dark.

October 26 Pumpkin Creations, 11 a.m.: Our art instructor will show you how to take a basic pumpkin and transform it into your own unique piece of art! $5 per child.

October 26 Pumpkin Paint, 11 a.m.: Jazz up a pumpkin with glitter glue, paint and stickers. You are the designer! $4 per child.

October 31 Halloween Spooktacular! Come in costume, get in free. "Due to limited seating, most of our programs require early registration so call today! Don't forget to check for the discounted member prices!"

The fun doesn't stop there; we have a great lineup of activities for November and December. Additional information can be found online at www.manateecenter.com. Manatee Observation and Education Center is located at 480 N. Indian River Drive in Fort Pierce, phone 772-429-6266.
Women's Club of Fort Pierce Celebrates 100 Years

by Matt Hurley

Fort Pierce organizations celebrate many anniversaries but few have reached the century mark. The Fort Pierce Women's Club (FPWC) has reached this status and today it remains both a strong and vibrant organization in our community. On October 17, 1913, The Fort Pierce Women's Club was formed. The following year they became affiliated with the Florida Federation and the General Federation of Women's Clubs. To this day it remains the oldest social and civic organization in St. Lucie County.

From its formation, the Women's Club has been in the forefront of civic improvement and welfare. It has proudly contributed to the founding of such community organizations as the local Red Cross, Hospital Auxiliary, Humane Society, Concert Association and Community Theatre. For many years the FPWC underwrote the expenses of the City of Fort Pierce and the County of St. Lucie. It is hard to imagine what our community would be like without the efforts of this organization.

The Fort Pierce Women's Club will publicly celebrate their 100th Anniversary on Saturday, October 19 with a cake cutting at the Downtown Fort Pierce Farmers Market. This event is scheduled to begin at 10:00 a.m. All are invited to join in the celebration. It's not often that we have the opportunity to join in the anniversary celebration of such a wonderful organization as the Fort Pierce Women's Club.

Congratulations ladies!

121 Celebrates its First Year in Downtown Fort Pierce

With its sweeping, romantic views of the Indian River and its wide variety of mouthwatering tapas, it is easy to see why 121 has become one of the most popular restaurants in the area. The patrons that frequented 121 over the past year have been professional people around town, couples out for a romantic evening, single people on their own coming to have a glass of wine and conversation with the staff and groups who want to host or celebrate a special event. The thing people most often say when they come to 121 is “this place is very different from what you normally see in Fort Pierce.” It is this uniqueness that has customers returning over and over to this popular downtown Fort Pierce hotspot.

Livia is not a professional restaurateur. She was not sure of what would fit in with Fort Pierce or how to run a restaurant. When Livia needed some advice, Donna and Diego, who operate the Tiki Bar and Cobb’s Landing jumped in to help. They and Christi, their chefs, graciously shared their expertise. What developed was an idea unique to the surrounding community. Instead of full courses, Livia decided to offer tapas, which is the Spanish tradition of serving hot or cold foods not traditionally served in larger meals due to expensive ingredients or to culinary richness in smaller courses.

Tapas promote conversation and a lively atmosphere. So, Livia jumped in to help and support you, you can make it to the terrible 2s.” Livia has learned in her first year as a restaurant owner that in order to succeed one has to be supportive of others, open to new ideas, and be willing to change for the better. With this positive outlook, 121 should be around for many more anniversaries.

121 is located at 121 Melody Lane in the Renaissance building next to Uncle Carlo’s Gelato. For more information please visit 121molody.com or Facebook: 121tapasonthewater.
The City of Fort Pierce in partnership with Keep Fort Pierce Beautiful will be opening a community garden, Spring 2014 located at 424 North 9th Street along Moore’s Creek Linear Park. The community garden planning committee is seeking donations from the public such as lumber, gardening tools, coquina, well material & jet pump, picnic table, etc.

Community gardens offer a wide range of benefits from providing fresh fruits and vegetables, an opportunity to learn new skills, meet new people, reduce stress, and are a chance for children to learn where food comes from and get involved in their community.

If you are interested in donating any items, please contact Brittany Athey at the City of Fort Pierce at (772) 467-3034 or bathey@City-FtPierce.com.
Could Candida be Controlling Your Life?
by Joanne Augusto, Owner Nutrition World

Many of us walk through our days assuming we are stuck with our bodies’ behavior as a part of aging. The truth is there is a condition that has many symptoms that can wreck havoc on our lives. It is called Candida. Candida albicans is a yeast-like fungal organism found in small amounts in the normal human intestinal tract. Normally kept in check by the body’s own helpful bacteria, C. albicans can increase in numbers when this balance is disturbed to cause candidiasis of the intestinal tract, or yeast infections of other parts of the body.

Here is a list of the most common Candida symptoms: abdominal gas and bloating, headaches, migraines, excessive fatigue, cravings for alcohol, anxiety, vaginitis, rectal itching, cravings for sweets, inability to think clearly or concentrate, hyperactivity, eczema, depression, sinus inflammation, premenstrual syndrome, dizziness, poor memory, persistent cough, earaches, low sex drive, muscle weakness, irritability, learning difficulties, sensitivity to fragrances and/or other chemicals, cognitive impairment, thirst, athlete’s foot, sore throat, indigestion, acid reflux, chronic pain, mood swings, diarrhea, constipation, itching and acne.

Even though that list seems incomprehensible to some, for a Candida sufferer it is an “ah-ha” moment. Most people usually wait too long before they get the proper treatment for Candida. Candida is frequently misdiagnosed. The mistreatment with antibiotics makes the condition worse.

If you research Candida it can be very confusing. Each treatment option knocks the other. After 25 years trying to help people with it I have found the supplement choice is not as important as the dietary choice. The Candida diet works to eliminate all these symptoms but may be difficult to follow. I have spent hundreds of hours trying to convince people to give up everything they loved to eat. Some lasted long enough to feel the difference but most could not handle the withdrawal from a processed food lifestyle. Suggesting the Paleo diet has made it a little easier. If they focus on what they can have and not worrying about counting calories it makes it a little easier.

Sugar makes Candida symptoms worse, as well as, most troubles in the human body. Your first goal is to stop feeding your condition. If you take high quality probiotics, enzymes, green foods and anti-fungal you can get the job done faster.

Nutrition World is located at 200 North 2nd Street in Fort Pierce.

Sailfish Brewing Company to Host Oktoberfest on October 5th

Autumn is on its way; bringing cooler days, fall tradition, and the return of the favorite German tradition – Oktoberfest! Sailfish Brewing Company, a new brewery located in downtown Fort Pierce, is excited to host its inaugural Oktoberfest celebration on Saturday, October 5th.

Oktoberfest derives its name from the famous German festival and accompanying beer style. Oktoberfest is actually an anniversary party. The original Oktoberfest event in 1810 was held in celebration of the royal wedding of Prince Ludwig to Princess Therese of Saxe-Hildburgausen. Two centuries later, Oktoberfest will be commemorating its 203rd year! The 16-day festival is held each year in Munich and hosts more than 7 million visitors. The traditional beer of Oktoberfest is a Märzen Lager. Märzen is German for March, because the beer is historically brewed in March for slow fermentation during the summer months.

Fort Pierce Mayor Linda Hudson will be coming at 4 p.m. to tap the first keg as per tradition in Munich. The mayor taps the first keg and says a phrase in German to start the festival. Keeping with the tradition of Oktoberfest, Sailfish will be serving up traditional German food and serenading patrons with traditional German music in their Bier Garden. Put on your best dirndl or lederhosen and participate in the best dressed of Oktoberfest contest! There will also be traditional Oktoberfest festivities like strong man beer stein holding contests and beer stein races.

The event will be held Saturday, October 5th, at Sailfish Brewing Company located at 407 N. Second Street in Fort Pierce. Prost!
Fort Pierce City Marina Fishing Clinic

by Jackie Esposito

On August 14th, more than 100 youth from the Fort Pierce Police Athletic League and Lincoln Park Community Center summer programs attended the Fort Pierce City Marina’s Youth Fishing Clinic. The clinic’s goal was to teach kids how to fish and encourage the protection of marine fisheries and coastal habitats. A grant from Fish Florida provided the fishing poles and the Children’s Services Council of St. Lucie County granted $1,350 to purchase items for the event.

The youth in attendance were provided bright neon green t-shirts, a postcard and a dog tag, all sporting the Fishing Clinic logo created by Libby Woodruff in the Urban Redevelopment Department. Participants rotated among numerous booths hosted by the Florida Fish and Wildlife Conservation Commission, White’s Tackle and Last Mango Sportfishing Charters helped the youth develop their fishing skills, baiting a hook with different types of bait, tying knots and casting a fishing line. The kids were instructed to use their postcards to go through the skill stations. Once they visited all 5 stations, the kids turned in their cards for a chance to win a door prize.

At the education stations, the youth learned about local marine life and the negative impact of pollution on the local waterways. The fun continued with stations, the youth enjoyed a delicious lunch of hamburgers, hotdogs and baked beans cooked by the Cake Lady, a downtown bakery, donated cupcakes for dessert! After lunch, the fishing poles were distributed to the kids, who were escorted to the Cat Walk under the bridge to “break in” their new poles. Even though the catch of the day was a jelly fish, it was incredible to watch the excitement in the kids’ faces as they put their new skills to the test. Volunteers from the Fort Pierce Police Department, City Marina, Fort Pierce Central High School, the Florida Fish and Wildlife Conservation Commission, White’s Tackle and Last Mango Sportfishing Charters helped the youth fish and offered expert advice.

After the event, PAL and the City Marina stored the fishing poles and the reels so that they can host another Fishing Clinic next summer and continue to positively impact the lives of youth in Fort Pierce.

Red Onion and Orange Salad

Recipe Corner

by Sue Dannahower

This salad is a tasty mix of textures and flavors. The recipe is from a potluck birthday party at the home of Paul & Linda Sampson of TLC Experts.

4 ripe medium oranges, peeled
1 small red onion, sliced fine
2 tablespoons raspberry vinegar
6 tablespoons extra-virgin olive oil
Salt and freshly ground pepper
4 tablespoons golden raisins, covered for 20 minutes in hot water, then drained
20 black olives, pitted
2 tablespoons sunflower seeds
2 tablespoons almonds, blanched and chopped finely

Remove the white pith from the oranges and cut the fruit crosswise into 1/4 inch slices. Arrange on a serving platter and scatter over the sliced red onion. In a small bowl, whisk together the vinegar, olive oil, salt, and pepper. Spoon this dressing over the onion and oranges. Sprinkle with the raisins, olives, sunflower seeds, and almonds. Serve chilled. Serves 4. You can find all the fresh produce you will need at Nelson’s Family Farms on Midway Road.

Honey Orange Glazed Grouper

Grouper is my absolute favorite fish. I love the Crunchy Grouper Sandwich at 12A Buoy but this one is a bit more healthful.

1 tablespoon honey
1 tablespoon orange marmalade
1 tablespoon orange juice
3/4 teaspoon Dijon mustard
1/2 teaspoon light soy sauce
1/8 teaspoon ground white pepper
3/4 pound grouper fillets
Preheat broiler. Combine all ingredients except grouper, mixing well. Place fillets on an oiled broiler pan and brush fillets with honey glaze to cover. Broil 5 to 6 inches from heat for four to five minutes until browned. Turn fillets, brush with honey glaze and broil additional five minutes or until fish flakes easily. Serve immediately.

Fresh is always best! Locally grown fresh produce used for these dishes can be purchased at Nelson’s Family Farms on Midway Road. Find your fresh seafood products at the Pelican Seafood Company on US 1. Ask about their 10% off cards.
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We will be adding shows throughout the season, and are currently waiting on the confirmation status of a number of recognizable names.

Tickets for the 2013/2014 Season GO ON SALE to the General Public Monday, September 30 at 10am

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